



## **Dr. S. R. Chandrasekhar Institute of Speech and Hearing**

A Unit of Bangalore Speech and Hearing Trust

**(A Project of Lions Club of Bangalore East)**

(Affiliated to Bengaluru North University,

Recognized by Rehabilitation Council of India, New Delhi and NAAC Accredited)

Lingarajapuram, Hennur Main Road, Bangalore- 560084

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### ***Inclusion and Situatedness (10)***

#### **Cultural, regional linguistic and other diversities related programs**

1. On 11/01/2018, Makara Sankranthi, festival of spring was celebrated by children of Mothers Training Center and children and mothers prepared "Ellu-Bella" and "Pongal" and they were explained the significance of the festival.
2. On 23/01/2018, Netaji Subhaschandra Bose and Swami Vivekananda's birthday was celebrated. Children and their mothers were briefed about the leaders' life history and their contribution to our country.
3. On 30/01/2018, the death anniversary of Mahatma Gandhi was observed as 'Martyrs' Day. The children were taught to chant the 'Meera Bhajan' and the Father of the Nation was honoured by children with flowers and 2 minutes silence was observed.
4. The Students Association of Speech and Hearing (SASH) conducted a Rangoli competition on 14<sup>th</sup> February, 2018, and Ethnic Day for the staff and students on 15<sup>th</sup> February, 2018. All the students and staff looked dazzling in their respective ethnic wear. Students put up an amazing show of diversity in our very own country as they danced and set the audience into a fit of excitement. Students also showcased their unity and variety among their classes as they walked the ramp together. At the end of the event, Mr. Ethnic and Ms. Ethnic were crowned by Dr. Anita Reddy to Mohan Dinho of 2<sup>nd</sup> B.Sc, and Sushma P of 3<sup>rd</sup> B.Sc respectively. The students of 2<sup>nd</sup> M.Sc bagged the 1<sup>st</sup> prize for Rangoli competition, and 2<sup>nd</sup> prize was bagged by the 2<sup>nd</sup> B.Sc students. The day ended on a sweet note with a traditional Indian delicacy.
5. On 16/03/2018, Ugadi festival was celebrated by children of MTC and children and mothers prepared "Bevu-Bella" and were explained the significance of the festival and the Panchaga was shown and its significance was explained to mothers and children.
6. The Students Association of Speech And Hearing (SASH) conducts a number of events and programs for the students of the Institute every few months to make their academic life more fun and filled with more memories. The annual intra college fest, IGNITE 2018, was conducted on April 6<sup>th</sup>, which was an extremely fun-filled experience. Students got to showcase their talents in various areas, some of them being dance, duet song, movie making, and fashion shows to name a few. The first-year post graduate students bagged the overall championship trophy for IGNITE and Sports Day events. The day ended with an unforgettable dance floor (DJ party).



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7. On 10/06/ 2018, Ramzan was celebrated, where the significance of the festival was explained to the children. The parents served biryani and sweets to all children.
8. On August 15<sup>th</sup>, **2018 Independence Day** was celebrated with fervour by the staff and students of the Institute. As has been the practice over the years, our partners, the Lion's Club of Bangalore East took pride in participating. Dr. M.S. Venkatesh, Chairman of Bangalore Speech and Hearing Trust welcomed the gathering and gave the presidential address in which he spoke about the role of the students in upholding the growth of the nation. Lion Sukesh Reddy, President of Bangalore East Lions Club, as the Chief Guest, hoisted the National Flag. The National Anthem was followed by a speech by the Chief Guest. Prizes for children's academic and co-curricular accomplishments were distributed. Lion V.S. Shanthavadhan, Hon. Treasurer of Bangalore Speech and Hearing Trust, CA.DL. Suresh Babu, Hon. Secretary of Bangalore Speech and Hearing Trust, participated in the celebration. A variety of cultural programs were organised. The day ended with a vote of thanks and the distribution of sweets.
9. Rakhi was celebrated on 24/08/2018
10. On 02/09/2018, a fancy dress competition was held to celebrate Sri Krishna Janmashtami; Dr. Madhuri Gore, Principal Dr.SRCISH handed over prizes for the event.
11. On 05/09/2018, Teachers' Day, the children came to class with great enthusiasm to wish their teachers. Children wished their teachers and sought their blessing. Dr. Sarvapalli Radhakrishna's photo was garlanded and all the children offered a floral tribute to the great teacher.
12. Teachers Day Celebrations and Onam celebrations were conducted on the 6<sup>th</sup> of September. It was a day to thank our teachers for guiding, inspiring and for being such wonderful mentors. Our Onam celebrations were also conducted on the same day where everyone dressed in the traditional Kerala attire. A generous sum and essential utilities were collected by the students to help the people who had suffered in light of the Kerala and Kodagu floods and a heart touching video was shared depicting how the recent calamities affected Kerala.
13. On 11/09/18, as usual, children were taken to Pottery Town to see the making of Ganesha idol; the children keenly observed the steps involved in making of Ganesha idols. The Ganesha festival was celebrated traditionally; Dr. Rashmi Bhat participated in the festival.
14. The next event was the Ganesh Chaturthi celebrations conducted on 13/09/18, 14.09/18 and 15/09/18 with the Visarjan conducted on 15/09/18. There were water games conducted for the students and the day ended with the Visarjan at Ulsoor Lake. The past months have been wonderful and we are excited for what the upcoming months have in store for us.



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15. On 02/10/2018 Gandhi Jayanti a national festival was celebrated to mark the birth anniversary of Mohandas Karamchand Gandhi. Gandhi Ji photo was garlanded and Meera Bhajan was sung which created a patriotic atmosphere. Children enthusiastically took part in the Gandhi Jayanti event celebration teachers explained his contribution in getting independence to our country.
16. On 12/11/2018, Deepavali festival was celebrated; teachers narrated the stories connected with the festival. Mothers and children were cautioned about the safety measures while busting the crackers. Mothers prepared sweets for Deepavali festival at MTC. Goddess Lakshmi was worshipped and sweets were distributed as prasadam.
17. On 14/11/2018, the Birthday of Pandit Jawaharlal Nehru was celebrated, Chief Guests were Dr. Madhuri Gore and Dr. Bhuvana, children came to the centre wearing new dresses Nehru's photo was garlanded and teachers explained about the significance of children's day. Sports competition was held winners were given prizes: prizes were sponsored by Mrs Madhuri Gore.
18. On 21/12/18, Christmas was celebrated, Mr. T. Suresh was a chief Guest, Crib was made and children cut the cake.
19. On 01/01/2019, the New Year was celebrated by the students and parents of Mothers Training Center. The Center Coordinator and staff were all present encouraging the students on this occasion that was celebrated by cutting a cake amidst lots of cheering.
20. On 12/01/2019, Swami Vivekananda's Birthday was celebrated, Staff, parents and children of MTC offered floral tributes to Swami Vivekananda. Students were briefed about the inspiring life of Swami Vivekananda by Mrs. Rathna Shetty.
21. On 14/01/2019. Makara Sankranti, the harvest festival, was celebrated as token of gratitude to nature, especially for the Sun God and cattle. The MTC children were taken to nearby market to have a live and natural experience of learning things related to the festival. The MTC was decorated with Rangoli, sugarcane stalks, and Pongal pots. With the help of the children, mothers made 'Ellu-Bella' and distributed it.
22. On 23/01/2019, Netaji Subhaschandra Bose's Birthday was celebrated. Children and their mothers were briefed about the leaders' life history and his contribution to our country.
23. On 30/01/2019, the death anniversary of Mahatma Gandhi was observed as 'Martyrs' Day' The Father of the Nation was honored by children with flowers.
24. The Students Association of Speech and Hearing (SASH) had an amazing past few months, ending the academic year of 2018-19 with a blast. Talents Day – COSMOS 2019



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was conducted on the 12<sup>th</sup> of April, 2019 with the pre-events beginning on the 8<sup>th</sup> of April, 2019. Pre-events included competitions such as Pictionary, Mehendi, nail-art, clay-modelling etc and was a fun start to the event. COSMOS2019 included multiple events like comedy act, fashion show, fashion show, mad ads, theme dance, short film etc in which each class strived to be victorious in the greatest number of competitions to win the overall trophy of Talents Day 2019. The 2<sup>nd</sup> year BSc's, the Direwolves won the overall trophy, with the 2<sup>nd</sup> Msc's, Abatus, bagging the prize for the 1<sup>st</sup> runner's up and the 3<sup>rd</sup> BSc's, the Invictums winning the prize for the 2<sup>nd</sup> runner's up.

25. On 08/08/2019, The Mothers Training Center celebrated Varamahalakshmi festival. It is believed that worshipping Goddess Varamahalakshmi on this day is equivalent to worshipping Ashtalakshmi - the eight goddesses of Wealth, Earth, Learning, Love, Fame, Peace, Pleasure and strength. Mrs Bhuvaneshwari from BNGRC participated in the programme and explained the significance of the festival.
26. On August 15th, 2019, **Independence Day** was celebrated with patriotic fervour by staff and students. As has been the practice over the years, our partners, the Lion's Club of Bangalore East participated with pride along with students and staff. Dr. M.S. Venkatesh, Chairman of Bangalore Speech and Hearing Trust welcomed the gathering and gave the Presidential address. Lion V. Ramesh, President of Bangalore East Lions Club, a Chief Guest, hoisted the National Flag. The National Anthem was followed by a speech by the Chief Guest. Prizes for children's academic and co-curricular accomplishments were distributed by the chief guest, Lion V. Ramesh, Chairman, Dr. M.S. Venkatesh, and Lion V.S. Shanthavadhan, Hon. Treasurer of Bangalore Speech and Hearing Trust. The day ended with the vote of thanks and the distribution of sweets.
27. On 16/08/2019, Rakshabandhan festival was celebrated with great ardour and gaiety. The celebration began with children coming dressed in their colourful best for rakhi tying. The sight of little kids in their traditional attire was one to behold. The highlight of the program was the tying of "rakhis" by Girls to Boys. The program concluded with sweets distribution.
28. On 24/08/2019, Janmashtami, which marks the birth of Lord Krishna was celebrated with great pomp and festivity. Tiny- tots of MTC dressed as Radha Krishna gave a traditional touch to the entire celebration. Children participated in the fancy dress competition. Dr. Rashmi Bhat and Mrs. Manasa gave away the prizes to the winners.
29. On 30/08/2019, the pious festival "Ganesh Chaturthi" the symbol of wisdom and remover of obstacles was celebrated. The celebration began with Ganesh Vandana followed by Pooja. Pooja was attended by all staff.
30. On 5/09/2019 teacher's day was celebrated.



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31. On 11/09/2019, Onam was celebrated with festive ambience. The center was decorated with thorana and banana shoots depicting the Pooja, and pookalam spread out on the floor. Significance of the festival was explained to children and sweets were distributed.
32. On 01/10/2019, Gandhi Jayanthi was celebrated. Children, mothers, and staff offered floral tributes to Mahatma Gandhi and sang Meera Bhajan. Children were briefed about Gandhiji's contribution during the freedom fight.
33. On 04/10/2019, dolls were arranged on account of Dussehra festival. Mothers performed aarti to all girl children and sweets and gifts were distributed to them.
34. On 25/10/2019, Deepavali festival was celebrated at the centre. Lakshmi Pooja was performed and a special dish 'kajjaya' was prepared. Dr. Rashmi Bhat, Principal Dr.SRCISH attended the celebration, wished mothers, and children, and distributed sweets.
35. On 31/10/2019, Sardar Vallabhai Patel's birthdays was celebrated (National integration day). Dr. M.N. Nagaraja, CEO, was the chief guest. He offered a floral tribute to Sardar Vallabhai Patel and Indira Gandhi, former Prime Minister. He addressed mothers and explained about a parent's role in training children with hearing loss.
36. On 11/11/2019, sports were conducted for children on account of Children's day.
37. On 14/11/2019, Children's Day was celebrated. Dr. Rashmi J. Bhat was the chief guest. She offered a floral tribute to Jawaharlal Nehru, Former Prime Minister and distributed prizes for the winners of sports. Prizes were sponsored by the staff of the centre.
38. On 19/11/2019, the birthday of Smt. Indira Gandhi, Former Prime Minister of India, was celebrated at the centre. Staff, mothers, and children offered floral tributes to her. Mrs. Mamatha explained about Smt. Indira Gandhi's contribution for the development of the country and the programmes she implemented for the upliftment of poor people.
39. On 06/12/2019, Dr. Ambedkar's Parinirvana day was observed at MTC. Mothers and children offered floral tributes to Dr. B.R. Ambedkar
40. Students and staff of Dr. S.R.C.I.S.H. got together to put up a Christmas Play on 19.12.2019. The play titled "The reason for the season" included carol singing and was followed by games and distribution of Christmas cake.
41. On 24/12/2019, Christmas was celebrated. A beautiful crib was made and was decorated with colourful balloons. A Christmas cake was cut and carols were sung. Santa Claus visited the centre and distributed gifts and sweets to the children.



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42. On 01/01/2020, New year was celebrated. The staff, students, and parents of MTC welcomed the new year on January 1st with cakes and cheering.
43. On 15/01/2020, Makar Sankranti was celebrated. 'Yellu- bella' was prepared and distributed among children. How the festival is celebrated in various parts of India was explained to children.
44. On 23/01/2020, Netaji Subhaschandra Bosch's birthday was celebrated. A photograph of the freedom fighter was garlanded and floral tributes were offered.
45. On 30/01/2020, Mahatama Gandhi's death anniversary was commemorated. 2 minutes of silence was observed at 11 o'clock, 'Meera Bhajan' was sung, and a flora tribute was offered by mothers and children.
46. On 20/02/2020, Maha Shivarathri festival was celebrated. The mythological background of the festival was retold.
47. On 09/03/2020 Women's day was celebrated. Various competitions were conducted for mother's and Dr. Madhuri Gore, Professor, Dr.S.R.C.ISH distributed prizes to the winners. Mother's sang "Samatha Geethe" written by Vijaya Dibbe on this occasion.
48. The Annual Cultural Programme of Dr. Chandrasekhar Institute of Speech and Hearing- Bangalore "AIKYA 2020" was virtually conducted by SASH in a befitting manner from 25th April to 30 may 2020. It was a week-long programme during the quarantine of the pandemic COVID-19. The SASH president inaugurated the function with full enthusiasm. Every student participated with much enthusiasm and made AIKYA 2020 a success. The events included music, recitation, dance, extempore speech, pantomime, chorus, etc. and the faculty of the institution were given the privilege to judge the programmes. There were hard competitions among the participants. Some events were held in groups. All the events were exciting and the audience enjoyed them very much. The SASH also took it to Instagram (social media) showcasing the student talents. Finally, the hard work of students were awarded. The winners of "AIKYA 2020" were 3rd BASLP students. It helped the students to productively use and relish the quarantine time. Everybody enjoyed the cultural function and highly appreciated the organizers. The function revealed many aspects of our culture before the audience.
49. On 11/08/2020, the occasion of Sri Krishna Janmashtami, the story of Sri Krishna was sent to children prior to the festival. Mothers were requested to dress their children in different attire of Lord Krishna and other character in Sri Krishna story. Children participated with great religious devotion. All the participants were given gifts as a token of appreciation for their efforts.
50. On 15/08/2020, Independence day was celebrated. Every year the children participate in Independence Day celebrations with great enthusiasm. Even though children were forced



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to celebrate the festival virtually this year, their spirits were not curtailed. All mothers were asked to teach their children about freedom fighters and prepare them for a fancy dress competition on Independence Day. Mothers and children took that suggestion seriously; children dressed up as freedom fighters and spoke about them. Mrs. Mamatha B.V. and Mrs. Manjula, staff of MTC, selected the best participants who were awarded when the center re-opened.

51. On 14/11/2020, Children's Day was celebrated. Jawaharlal Nehru's photo was garlanded and parents and children offered floral tributes to Jawaharlal Nehru's photo. Principal, Dr. Rashmi J. Bhat distributed gifts to the children and spoke about the role of parents during the pandemic period.
52. On 14/11/2020, the festival of lights, Deepavali was celebrated at the center. Goddess Lakshmi was worshiped and sweets were distributed to the children. The mythological story of Narakasura and Bali was narrated to children.
53. On 19/11/2020, the birth anniversary of Indira Gandhi was observed at the center by garlanding her photo and offering flora tribute. Mrs. Mamatha B.V. spoke about Mrs. Indira Gandhi's contribution to the nation.
54. On 24/12/2020, a crib was made and Christmas was celebrated at the centre. Senior parents also attended the celebration, Master Harsha dressed as Santa and distributed gifts to the children. Dr. Rashmi J. Bhat attended and wished the children.
55. On 01/01/2021, New Year was celebrated. Dr. Rashmi J. Bhat took part in the celebrations and wished the children by distributing new year calendars to children.
56. On 12/01/2021, Swami Vivekananda's birthday was celebrated by mothers and children with the staff of MTC. They offered a floral tribute to Swami Vivekananda and explained his contribution to the children.
57. On 13/01/2021, Makara Sankranti was celebrated, sweet pongal and ellu-bella was prepared and the significance of using those ingredients was explained. Mrs. Mamatha explained about the significance of celebrating Makara Sankranti festival.
58. On 08/03/2021, International Women's Day was celebrated. Mrs. Rashmi J. Bhat was invited as the special guest; she distributed prizes to the winners. On this occasion, Dr. Rashmi J. Bhat felicitated Mrs. Vasantha, mother of Shashank, for her efforts with her son and in the MTC.
59. On 08/03/2021, Maha Shivarathri was celebrated. DDC Dr. Sarika Kurana took part in the activities and wished the children.



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60. On 12/04/2021, Chandramana Ugadi was celebrated by the parents, children and staff of MTC. Dr. Rashmi J Bhat attended the celebrations.
61. On the 18/08/2021, the Varamahalakshmi festival was celebrated. Dr. Sarika Khurana, Deputy Director Clinical, graced the occasion and distributed bangles and sweets to the staff.
62. On 30/08/2021, Sri Krishna Janmashtami was celebrated at the centre. Ms. Deepa and Mr. Prabish, clinical staff of our Institute, were judges for the Fancy dress competition. Dr. Rashmi J. Bhat, Deputy Director Academics & Principal and Mrs. Alphonsa Joseph, Head-Psychology Unit, distributed prizes to winners and participants. Mrs. Manjula, former staff member, participated and sponsored the prizes on the occasion. She also donated two lamps to the centre.
63. On 22/08/2021, Onam was celebrated by designing 'pookalam'. Students donned their traditional attire and joined in the celebrations.
64. On the 02/09/2021, a potter from Pottery Town was called to MTC to demonstrate the making of Lord Ganesh and Goddess Gowri idols. Mrs. Rathna Shetty and Mrs. Mamatha explained to children how the potter made the idols making it a productive Incident Oriented Lesson.
65. On 3/09/2021 Teacher's Day was celebrated.
66. On 07/09/2021, Gowri and Ganesha Festival was celebrated at MTC. Lion Shanthavadhan, Mr. Pramod Reddy and Mr. Jayaram graced the occasion.
67. On 02/11/2021, the festival of Diwali was celebrated and Lakshmi Pooja was conducted sweets were distributed; Mr. Jayaram attended the Pooja and wished the children.
68. On 09/11/2021, Children's Day, sports competitions were held as part of the celebrations.
69. On the 12/11/2021, Children's Day was celebrated at the center. Dr Sarika Khurana, Deputy Director-Clinics and Mr. Jayaram attended the celebration.
70. On 06/12/2021 & 15/12/2021 Dr. B.R. Ambedkar and Sardha Vallabhabai Patel's death anniversaries were observed respectively.
71. On 23/12/2021, Christmas was celebrated. A crib was made, cakes were cut, cakes and cookies were distributed. Jesus' life story was narrated to the children's, Santa distributed gifts and sweets to the children.





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72. On 03/01/2022, New year was celebrated. New calendars were distributed to all the children by Dr. Rashmi J. Bhat, Deputy Director, Academic & Principal, Dr. S.R.C. ISH; she cut a cake with the children, distributed sweets, and wished the mothers and children.
73. On 12/01/2022, Swami Vivekananda's birthday was celebrated as 'youth day' at MTC. Swami Vivekananda's life story was narrated to children by Mrs. Mamatha. Dr. Sarika Khurana, Deputy Director, Clinical, Dr. S.R.C. ISH Offered floral tributes to swami Vivekananda with the children.
74. On 14/01/2022, Makara Sankranthi was celebrated. Mr. Jayaram participated in puja, distributed yellu-bella and wished the children and mothers.
75. On 28/02/2022, Maha Shivarathri was celebrated. Mr. Suresh, Vice-Principal, Dr. S.R.C. ISH attended the celebrations and wished the children. The mythological story of Shiva was narrated to children.
76. On 17-03-22, **Ethnic Day** was celebrated at the college and all the students as well as the teaching and non-teaching staff were invited to bring forth their ethnic sides. A fun session of dances and singing was put up.
77. On the 01/04/2022, Chandramana Ugadi festival was celebrated at M.T.C. "Bevu Bella" was prepared along with pooranpoli. Mrs. Alphonsa Joseph, HOD Psychology Unit, attended the Pooja and distributed Bevu-Bella and wished all mothers and children. Importance of celebrating Ugadi was explained to children; the new "Panchanga" was shown to the students by Mrs. Mamtha B.V.
78. On 08/04/2022, Sri Ramanavami festival, the birthday of Lord Rama was celebrated by garlanding the photo of Lord Rama. "Panaka" (Juice) and kosambari was prepared for prasadam and distributed.
79. On 30/06/22, SASH announced the date for ISH-famous **Talent's Day**, as well as the on-stage and the off-stage events with a rulebook for all the events. This rule book was distributed in all the classes.
80. On 13/07/2022, Guru Poornima was celebrated and M.T.C. Mothers and children wished the teachers by offering flower bouquet and sweets to teachers. Mrs. Padma, Sunitha and Priya sang Guruvandana song.
81. On 03/08/2022, Varamahalakshmi Festival was celebrated and on the same day. Mrs. Dhanalakshmi from DDW office (District Disable Welfare) visited MTC for inspection. She interacted with the children as well as the mothers and whole heartedly appreciated the efforts of the centre for initiating the wonderful programme.



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82. On 4th and 5th August, 2022, SASH conducted the most awaited event show- the Talent's Day. It was named RHAPSODY to symbolize enthusiasm and fun which the students and staff had been holding on since the past 2 years. Due to the unfortunate time of the pandemic, the previous SASH had to refrain from conducting it. However, with the changing situation and the blooming of good times, it was possible to conduct this event. All the classes participated as a team in various on-stage and offstage events.

### **The offstage events were:**

- Cooking
- Pot painting
- Jewellery making
- Flower arrangement
- Treasure hunt
- Pencil sketch

### **The on stage events were:**

- Theme act
- Duet song
- Photography
- Movie making
- Fashion show
- Comedy act/dance
- Group dance
- Duet dance
- Hyperlapse
- Instrumental music
- Solo dance
- Trio dance
- Group song

All the classes showed a box full of enthusiasm and participated in all the events. It was a fair and fun time. Each of the programs were judged by respected judges, and the class to have the maximum score at the end was declared the winner. Winner of RHAPSODY was claimed by Trinity - 2nd MSCs, followed by the runner up, Targaryen's - 3rd BSCs.

83. On 12/08/2022, Raksha Bandhan was celebrated.

84. On 15/08/2022, 75th Independence Day was celebrated where children participated in a fancy dress competition with the theme of "unity in diversity".

85. On 18/08/2022, Sri Krishna Janmashtami was celebrated by hosting fancy dress competitions. Mrs. Dhakshayini and Mrs. Rukmini were the judges. Dr. Sarika Khurana distributed prizes to the children sponsored by the staffs of Dept. of Hearing Studies.



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e-mail: [dr.srcish@gmail.com](mailto:dr.srcish@gmail.com) Web: [www.speechear.org](http://www.speechear.org)



86. On 23/08/2022, A Potter was invited to the centre to demonstrate the making of Ganesha and Gowri idol.

87. On 26/08/2022, Ganesha Festival was celebrated.

88. On 5/09/2022, Teachers Day was celebrated by MTC. All the mothers and children along with counsellors attended the Teachers day celebrations jointly organized by Dr. S.R.C. Institute and Lady Birds of Lions club of Bangalore East. On this occasion Mrs. Ratna B. Shetty was felicitated by Lady Birds for her contribution in the field of deaf education.

89. On 08/09/2022, Onam festival was celebrated with beautiful rangoli, Pookalam. Mrs. Deena Priya participated in the programme.

90. On 15/09/2022, Bharatha Ratna Mr. M. Vishveshwaraya's birthday was celebrated and floral tribute was offered. Mr. Vishweshwarayya's contribution in the field of Industrialization was explained to children.

91. Diwali was celebrated in October,2022

92. Christmas was celebrated on 15.12.2022

### (A)Institute efforts/initiatives in providing an inclusive environment

- 1. Prime Minister's speech:** On 11<sup>th</sup> September, 2018, Honourable PM Narendra Modi, addresses students on the **125<sup>th</sup> anniversary of Swami Vivekananda's Chicago Speech** organized by Sri Ramakrishna Math at Coimbatore. The speech was titled "Young India, New India". It was viewed live at the Institute. All students and staff attended the event.
2. Ms. Neha Thiwari visited the Institute on 11-02-2019 and addressed II BASLP students and staff of the Department of Speech Language Studies. Her interaction with students focused on inspiring them to build a "**social connect**" while delivering services as professionals. She also shared her skills in counseling. The students were made to enact as clinicians and care givers were shown how they could do it better. She shared her views and gave us her "root map for school screening".

### (B)Following are the camps conducted for screening, consultation, and distribution of free hearing aids for rural and urban population:

- 1. World Hearing Day:**



## Dr. S. R. Chandrasekhar Institute of Speech and Hearing

A Unit of Bangalore Speech and Hearing Trust

(A Project of Lions Club of Bangalore East)

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A. On the occasion of World Hearing Day on 3<sup>rd</sup> March 2019, Department of Hearing Studies conducted several activities on the theme proposed by World Health Organization, "Check Your Hearing". Activity began with **free hearing screening camp** for a week until 8<sup>th</sup> March 2019 at Institute.

B. Awareness programme in rural and urban areas on the hazardous effect of recreation activities like listening to loud music was carried out. The target audience in the urban areas were college students and in the rural area were the people who attended the **free hearing screening** at Pavagada.

2. **Free Voice Camp:** For the occasion of World Voice Day, the Dept. of Speech Language Studies, held a free voice screening camp for all interested from 1<sup>st</sup> to 10<sup>th</sup> April, 2019. Approximately, 20 individuals availed the service.
3. Rotary Club Bangalore Midtown inaugurated the **Rotary Midtown Manandi Outreach Clinic** on 6<sup>th</sup> July 2019. Donation of Rotary Bangalore Midtown was instrumental in creating a mobile clinic with sophisticated equipment for hearing testing. The event was presided over by Rtn Dr. Sameer Hariani in the presence of PDG Nagesh, Rtn. Dr. M S Venkatesh and other members of Rotary Club.
4. **Telerehabilitation:** Identification, assessment and rehabilitation of communication disorder through teleconferencing as a part of "Nanagu shalle" project of the NGO, fourth wave foundation is now undertaken at the Institute in the third quarterly of 2019. This gives us an opportunity to extend services to those who would not otherwise receive them.
5. On 22<sup>nd</sup> Oct, 2019, **Dr. Rajashekar Krishnan** delivered a talk on "Life Skills Training". All students and staff participated.
6. On the account of **World Disability Day**, on 3<sup>rd</sup> December 2019, the Institute offered free speech and hearing screening from 2<sup>nd</sup> -7<sup>th</sup> December 2019.
7. **World Hearing Day 2020:**
  - A. A week-long **free hearing screening and consultation** from 2<sup>nd</sup> March, 2020 to 7<sup>th</sup> March 2020 was conducted at the institute.
  - B. Awareness programs at rural and urban areas on hearing loss and the management options available were carried out. The target audience in the urban area was the general public and in the rural areas, it was the people who attended the **Hearing Screening Camp**. The **mannequin** developed by the institute, called the '**Karna**' a replica of 'Jouline' created by Dangerous Decibels headed by Dr. Billy Martin measures the levels of music played by one's personal music system in the ear. This



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mannequin was used in the hearing screening camps to create awareness about the hazardous effect of recreational hearing.

8. **Strong Family and Happy Family** Program were conducted by the Department of Psychology from 26<sup>th</sup> May 2020 to 22<sup>nd</sup> July 2020.
9. **Life Skills Training Program** for children at **Prajyothi Welfare center** was organized by the Department of Psychology on 28<sup>th</sup> November 2020.
10. **“International Day of Persons with Disability”**: On the occasion of the 'International Day of Persons with Disabilities' on 3rd December 2020, **free speech and hearing screening** was conducted from 30th November to 5th December 2020, and children sponsored by **World Vision India**, Bangalore were **screened** during this period. A total of 25 children were screened on the 3rd and 4th of December, 2020. Dr. Anita Reddy (HOD SLS, Vice principal Dr.S.R.C.ISH, Ms. Prajna Kodgi (Asst. Professor) & Mr. Nitin (Clinical Supervisor) gave a talk on general speech, language, swallowing, and hearing impairments to parents and members of World Vision who were also oriented to the services available at Dr. S.R. Chandrasekhar Institute of Speech and Hearing.
11. **Parent Training Program** was conducted for 2 days on the 28th and 29th of January, 2021 for parents of children attending Developmental Cognitive Behaviour Therapy (CBT). Parents were trained on developmental goals including gross motor coordination, fine motor & bilateral coordination; cognition goals including attention, perceptual-motor, and concept learning; and behaviour goals including sitting behaviour and task completion.
12. **International Day of Cochlear Implant** celebrated on 25th February 2021. The program was held for the general public and titled & “Your child can hear too- How a cochlear implant can help”. **Free consultation** was also provided on the same day.
13. **World Hearing Day - 3rd March 2021**: World Hearing Day is observed on the 3rd of March every year by the World Health Organization (WHO). On this occasion, The Department of Hearing Studies at Dr.S.R.Chandrasekhar Institute of Speech and Hearing organized several events that aimed at spreading awareness about hearing loss and promoting ear and hearing care. The activities were planned in line with the 2021 World Hearing Day theme of "Hearing Care for all: Screen, Rehabilitate and Communicate: 800 USD was received from the WHO to organize these events.
- A. **Free hearing Screening**: The Department of Hearing Studies, organized a free hearing screening from the 22<sup>nd</sup> -26<sup>th</sup> of February 2021.



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- B. **Free Hearing Aids distribution:** 17 hearing aids donated by Sonova Hearing India Pvt. Ltd was distributed to deserving candidates.
- C. **Free neonatal hearing screening:** it was conducted at K C General Hospital on 3<sup>rd</sup> March 2021.
- D. **Outreach: A Mega Camp** was organized at Ramakrishna Sevashrama, **Pavagada** on 27th March 2021. 97 individuals were screened for speech and/or hearing problems and 8 hearing aids donated by Ms. Kavitha Shetty were distributed free of cost on this occasion. Ln. V.V. Krishna Reddy, Chairman, Sri CA D.L. Suresh Babu, Secretary, Dr. Sarika Khurana, Deputy Director Clinics Ms. Prema Kumari, Camp Co-ordinator, Mr. Nitish Rajan, and other staff of the Institute attended the Megha camp.
- 14. Free Hearing Aids:** A total of 4 **ALIMCO hearing aids** were distributed free of cost to those in need on 06/09/2021 and 14/09/2021.
- 15. Public Awareness Activities:** On the account of **Bharat ki Azadi ka Amrit Mahotsav - India@75**, students of the Institute prepared two videos highlighting patriotism under the guidance of Ms. Tessy Henry Gomez. The videos were uploaded to the Fit India portal ([fitindia.gov.in](http://fitindia.gov.in)).
- 16. A campaign on "Smartphones/devices for AVT program"** was organized using **social media** in the month of **June 2021**. Devices donated in this campaign were used for parents and children enrolled in AVT programme.
- 17. Parent Support Network** was started for parents who have children with special needs. This was inaugurated on the 13th of December, 2021. Dr. Prathiba Karanth was the chief guest of the occasion.
- 18. World Hearing Day Celebration:** Dr. S R Chandrasekhar Institute of Speech and Hearing has been actively involved in creating awareness about Ear and Hearing care for many years. One of the many occasions to spread awareness along with the world is on March 3<sup>rd</sup> which is celebrated as World Hearing Day by the World Health Organization. This year the theme for World Hearing Day was **“To hear for life, listen with care!”** emphasizing that loud sounds that contribute to occupational as well as recreational hearing impairment. Keeping the theme in mind, activities for the week were planned and executed as follows.
- A. Free Hearing Screening:** The Department of Hearing Studies organized a free hearing screening from the 28<sup>th</sup> of February until the 4<sup>th</sup> of March with a special protocol for those in the music industry. On the 2<sup>nd</sup> of March, a free hearing screening was carried out at K R Puram Police Station for Traffic police officers since they are



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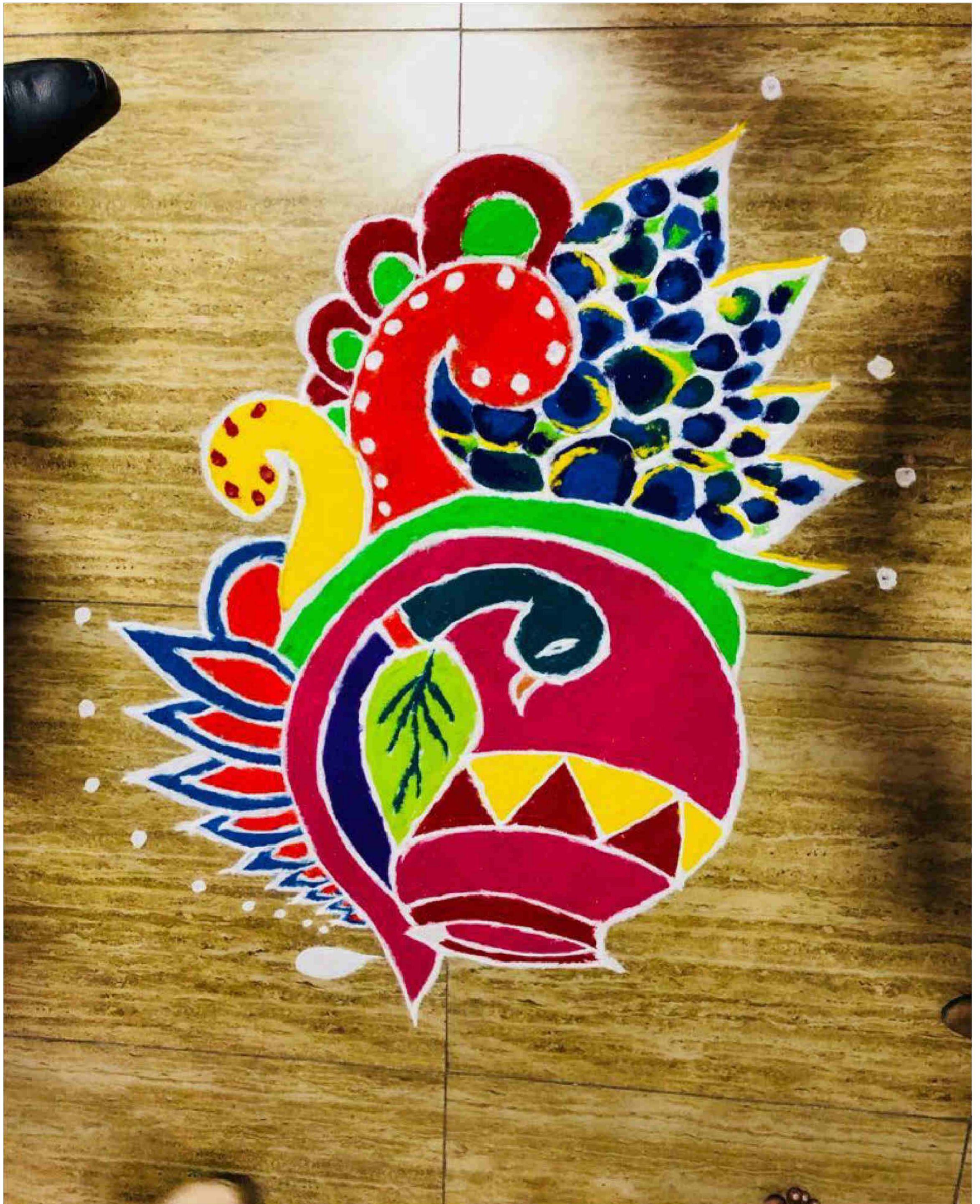
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at risk of developing hearing difficulties due to being exposed to continuous traffic noise.

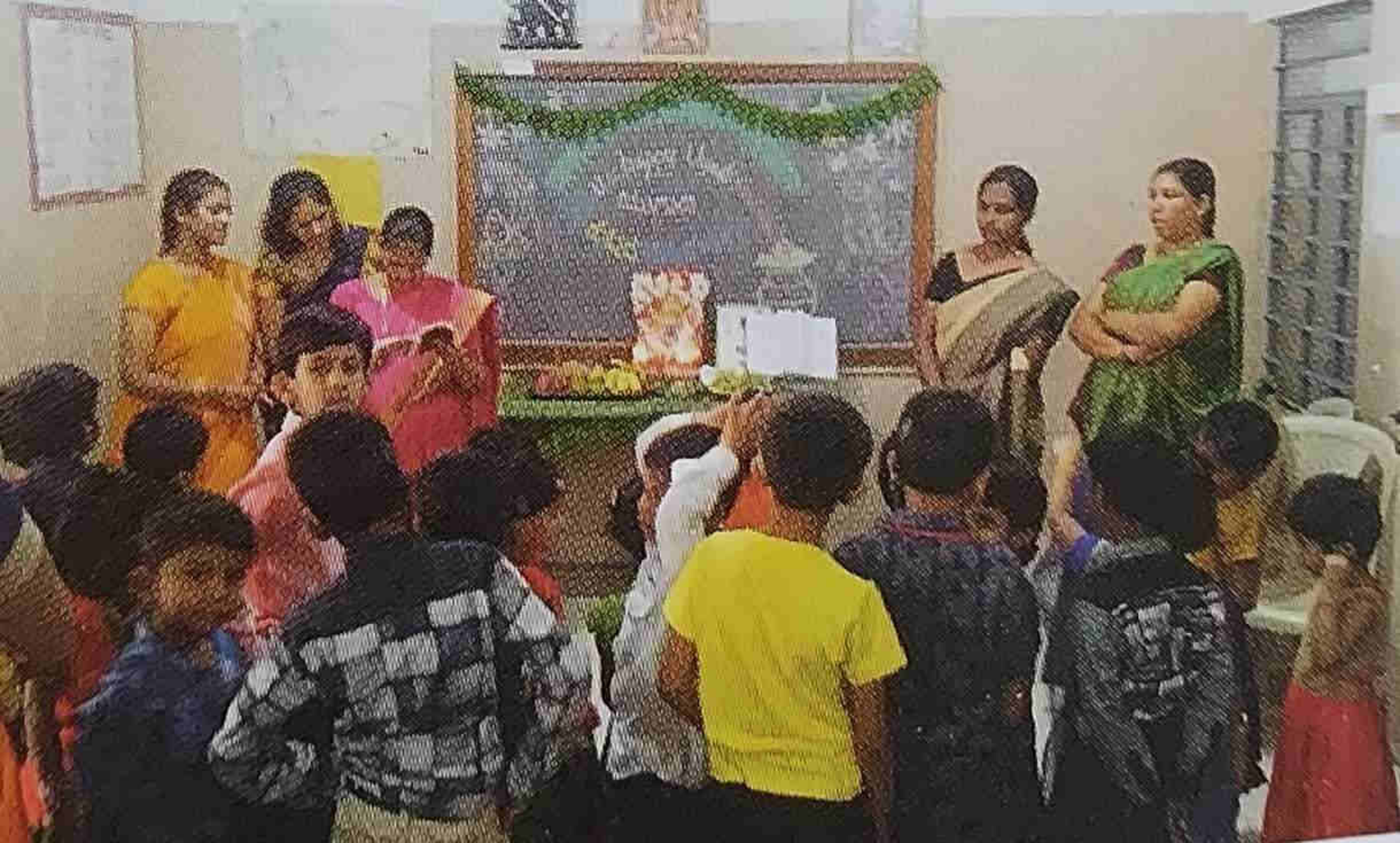
**C. Free Hearing aids and Ear Protective Devices:** On March 3<sup>rd</sup>, 2022, the Department celebrated World Hearing Day at the institute by providing free hearing aids to 10 eligible children with Hearing Impairment and 10 ear protective devices to the Assistant commissioner of traffic police. Mr. Thippeswamy, Assistant commissioner of Traffic police, was invited as the chief guest along with Disc jockey (DJ) Mr. Jasmeet Singh and journalist, Ms. Bharathi Hegde as the Guests of Honour. The hearing aids and the ear protective devices were donated by Sonova India Pvt Ltd on the occasion of World Hearing Day. Mr. Avinash Grubb, Zonal Audiologist and Special Projects APAC & India from Sonova India Pvt Ltd were present at the occasion. The cultural program by the children from the Mothers Training Centre was very impressive.

**19. World Voice Day: Voice screening:** Celebration for World Voice Day, which is on the 16<sup>th</sup> of April, began with school screening. The Department of Speech Language Studies successfully completed a voice screening program for adolescents on 26<sup>th</sup> March, 2022. 35 adolescents from Bright Public School, Hennur Road, Bangalore were screened. A voice screening program for the teachers of the school was conducted on 1st April, 2022. Dr. Anita Reddy, HOD and Vice Principal oriented school teachers and provided vocal hygiene tips for all teachers. The Voice Screening Programme for adolescents was also conducted from 28th Jun to 1st July for the students of Jyothi Public School. 55 students were successfully screened during this event.

















Flag hoisted by Lion Sukesh Reddy,  
President, Lions Club of Bangalore East

















Shot on OnePlus

By Aishwarya ❤️

































Wish You A HAPPY  
DUSSEHRA FESTIVAL

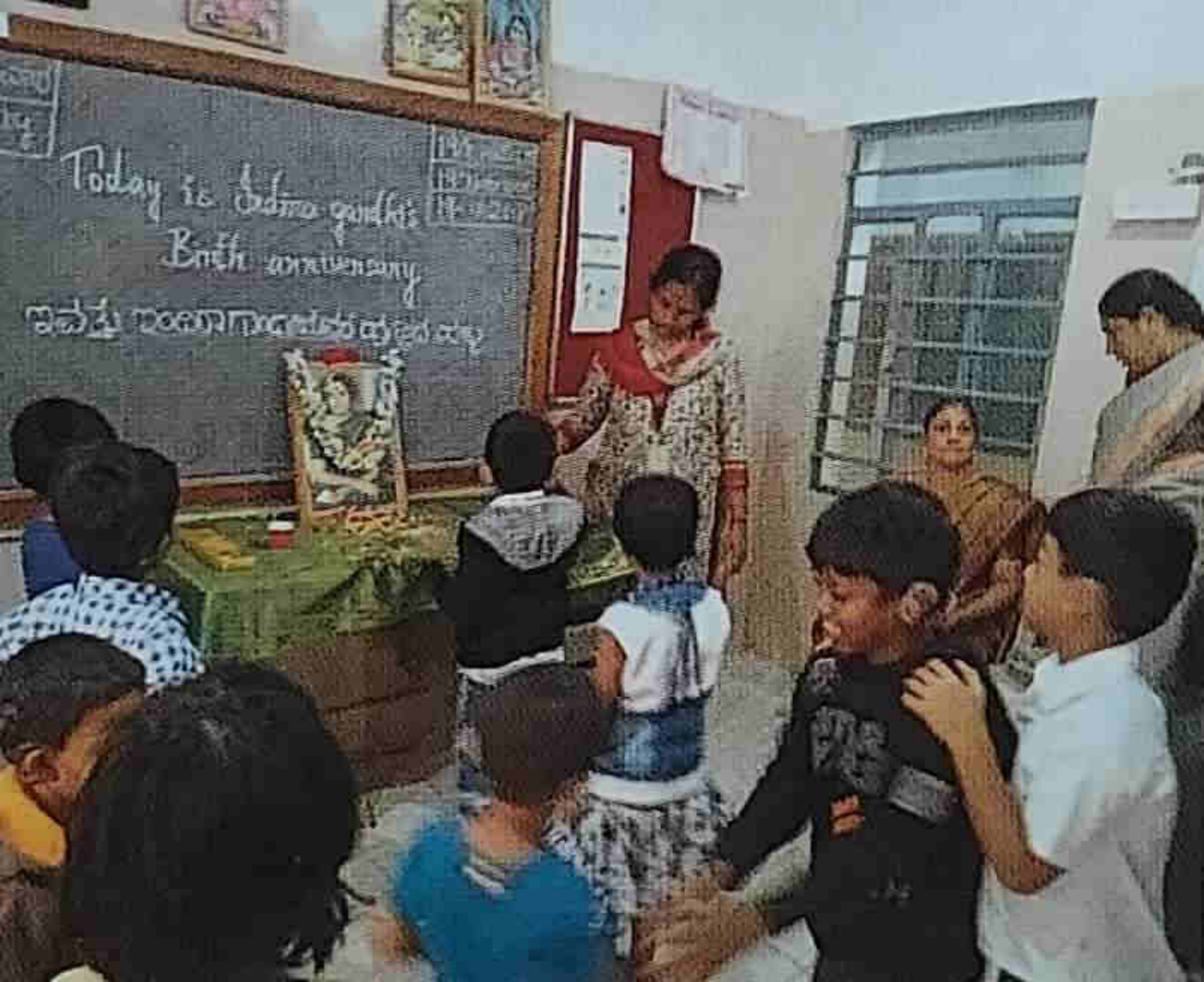
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Today is Jyotiba's  
Birth anniversary

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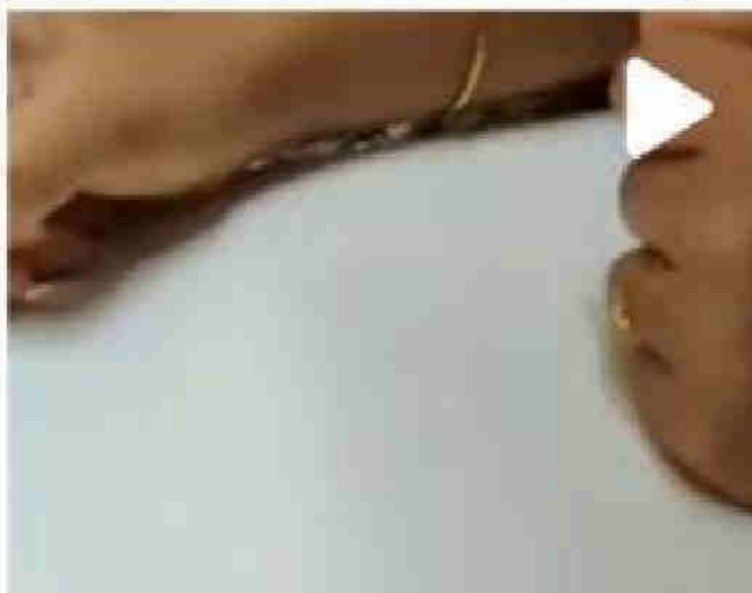
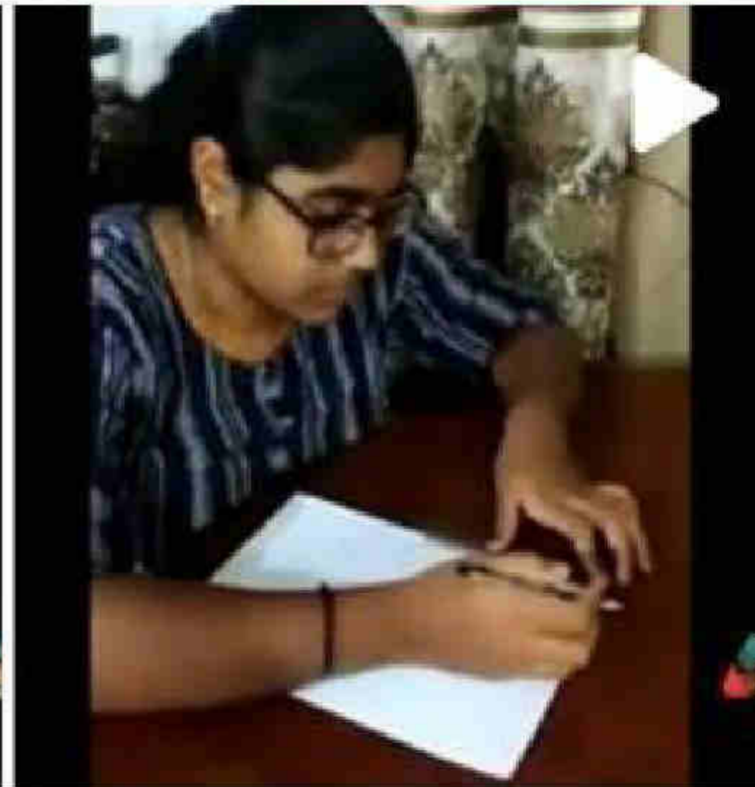
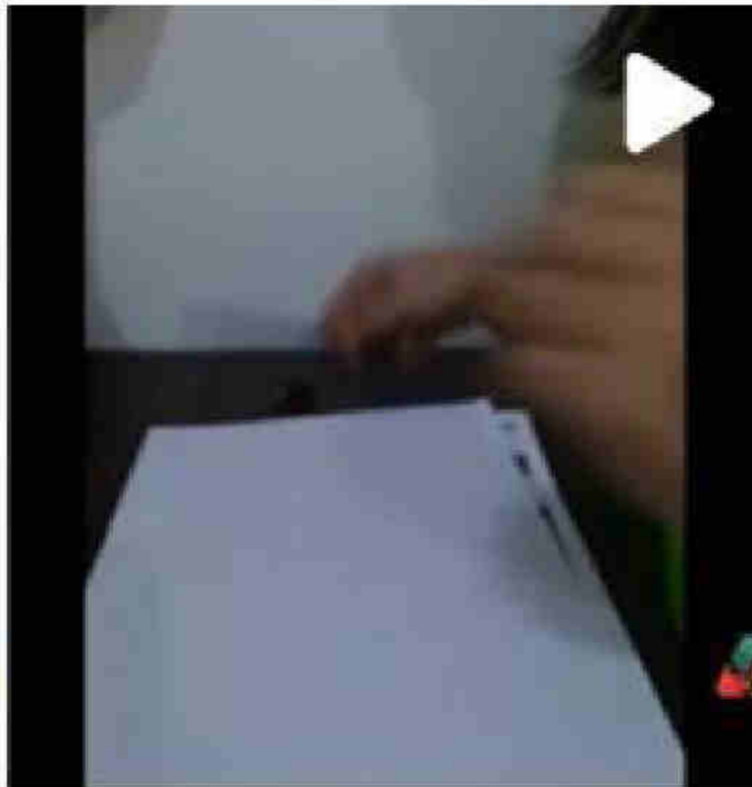
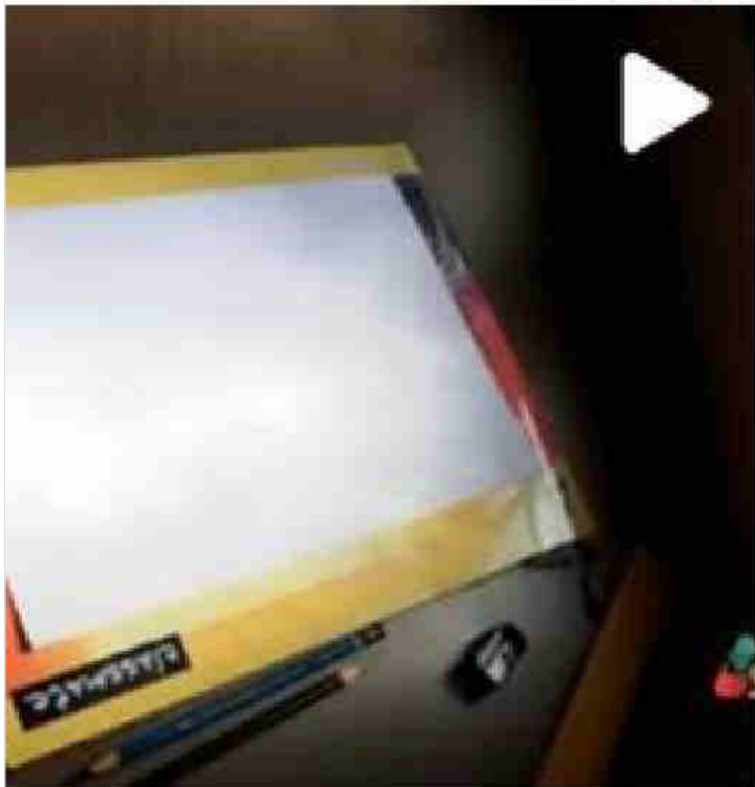
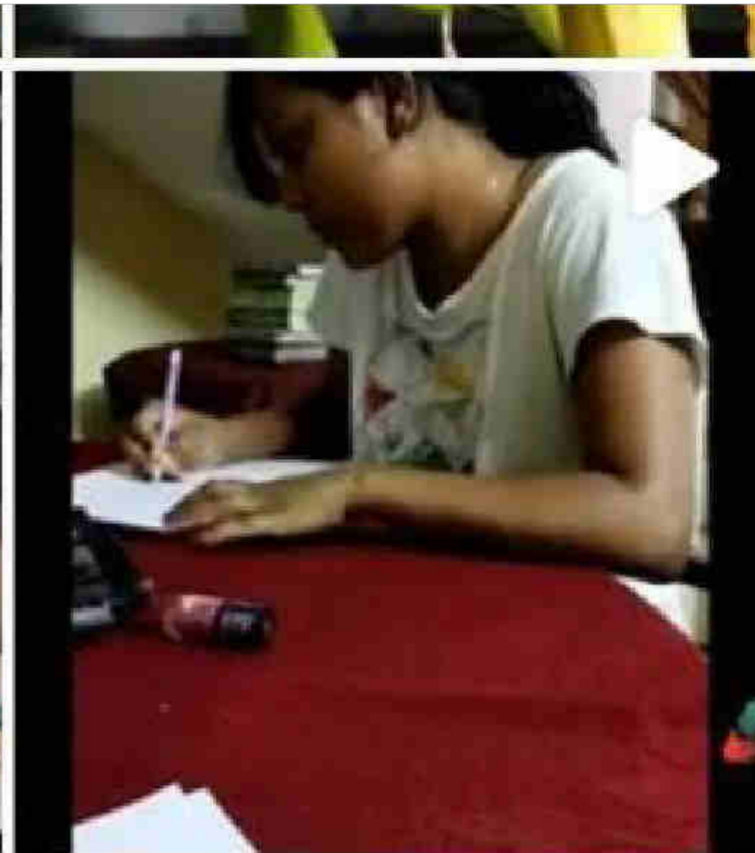
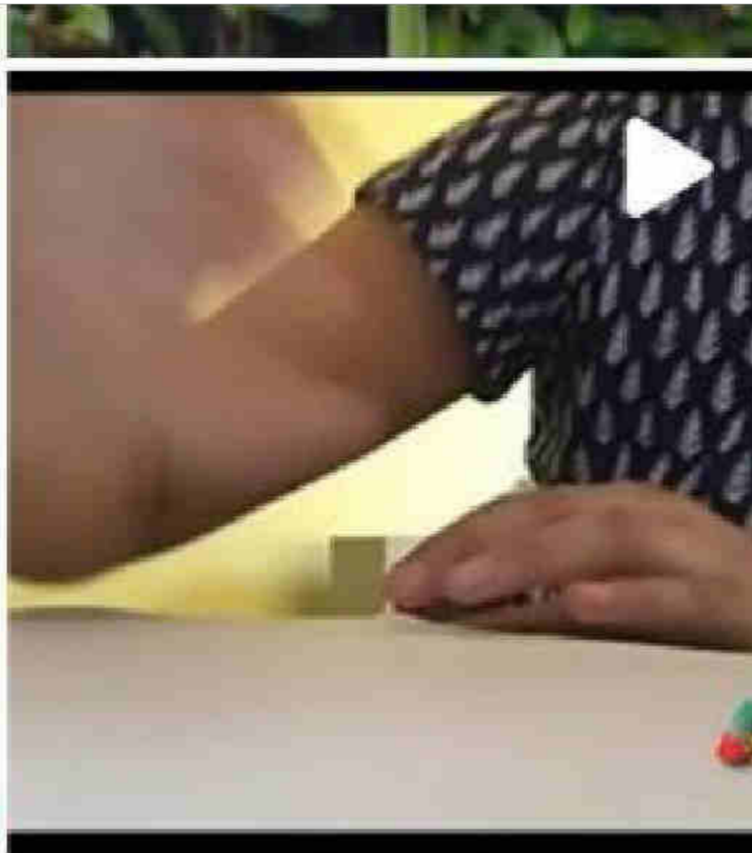
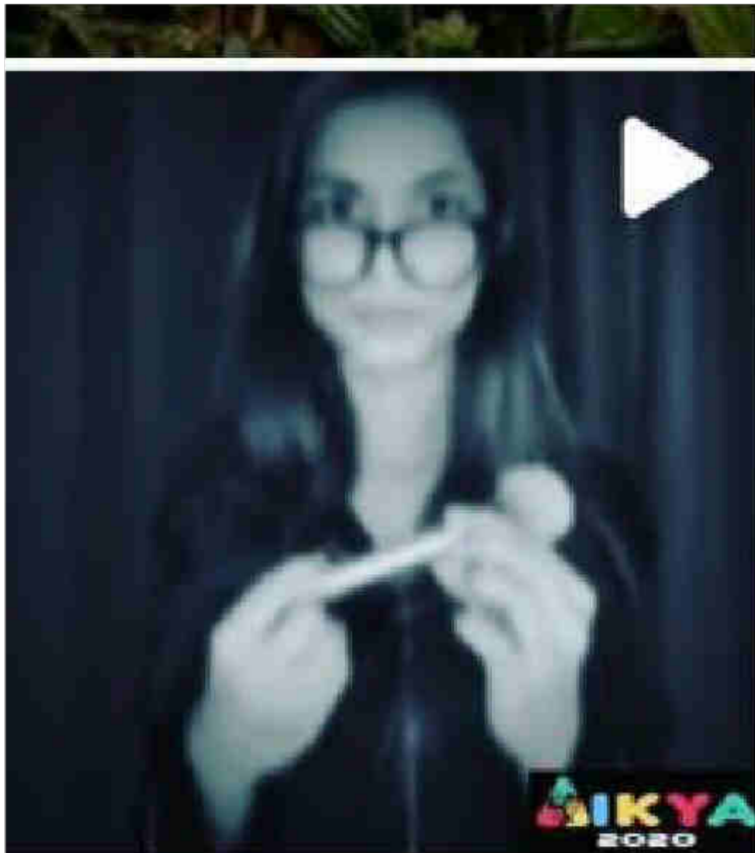
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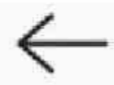
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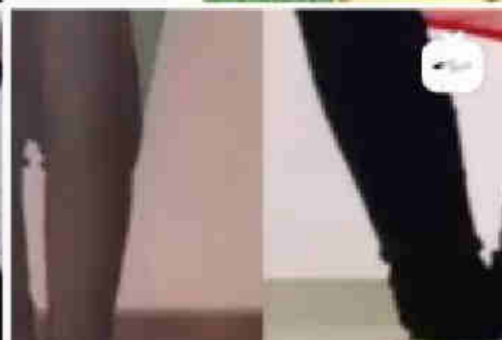
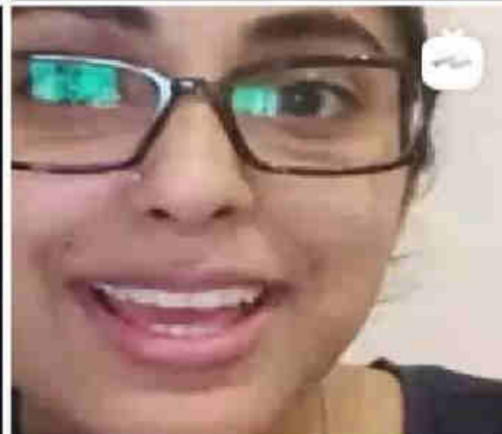
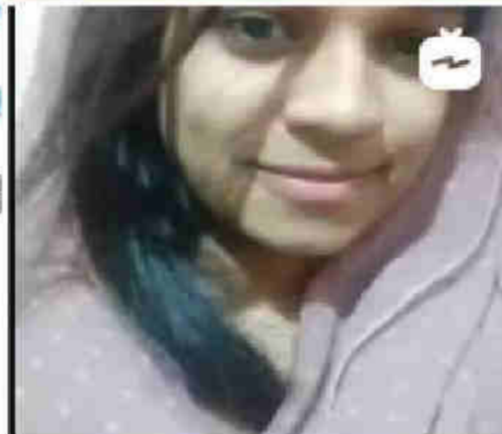
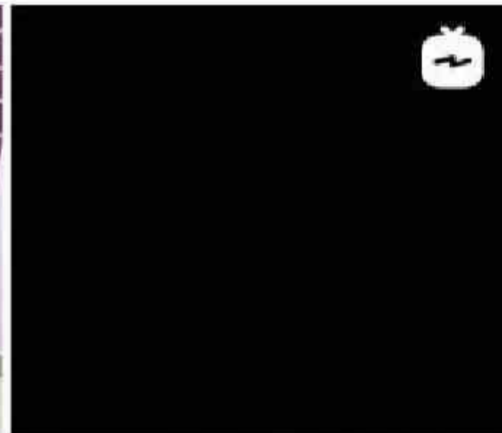
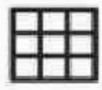




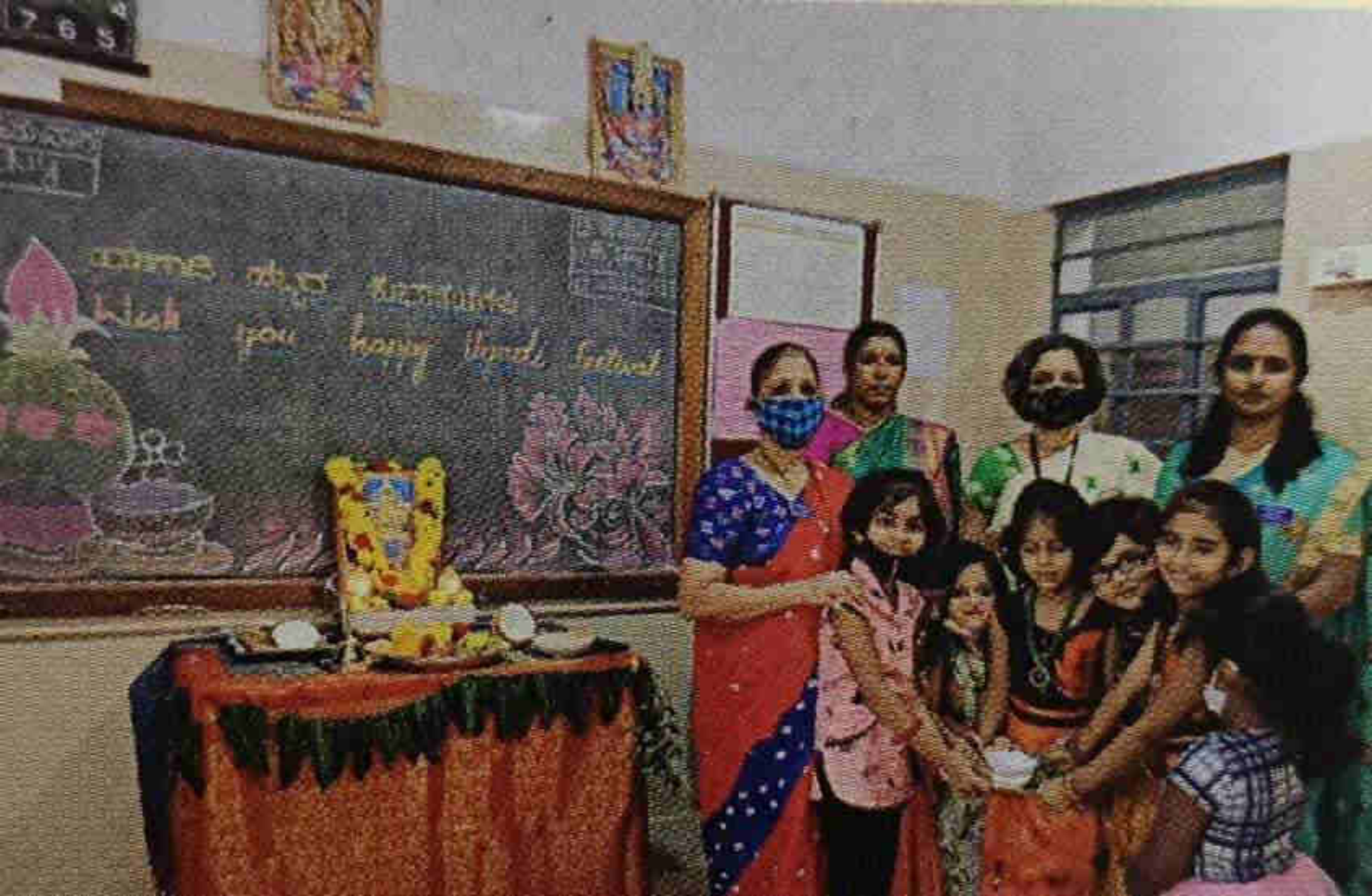




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Wishes for your happy New Year

Wishes for your happy New Year

Wishes for your happy New Year

I ❤️ MOTHER

















































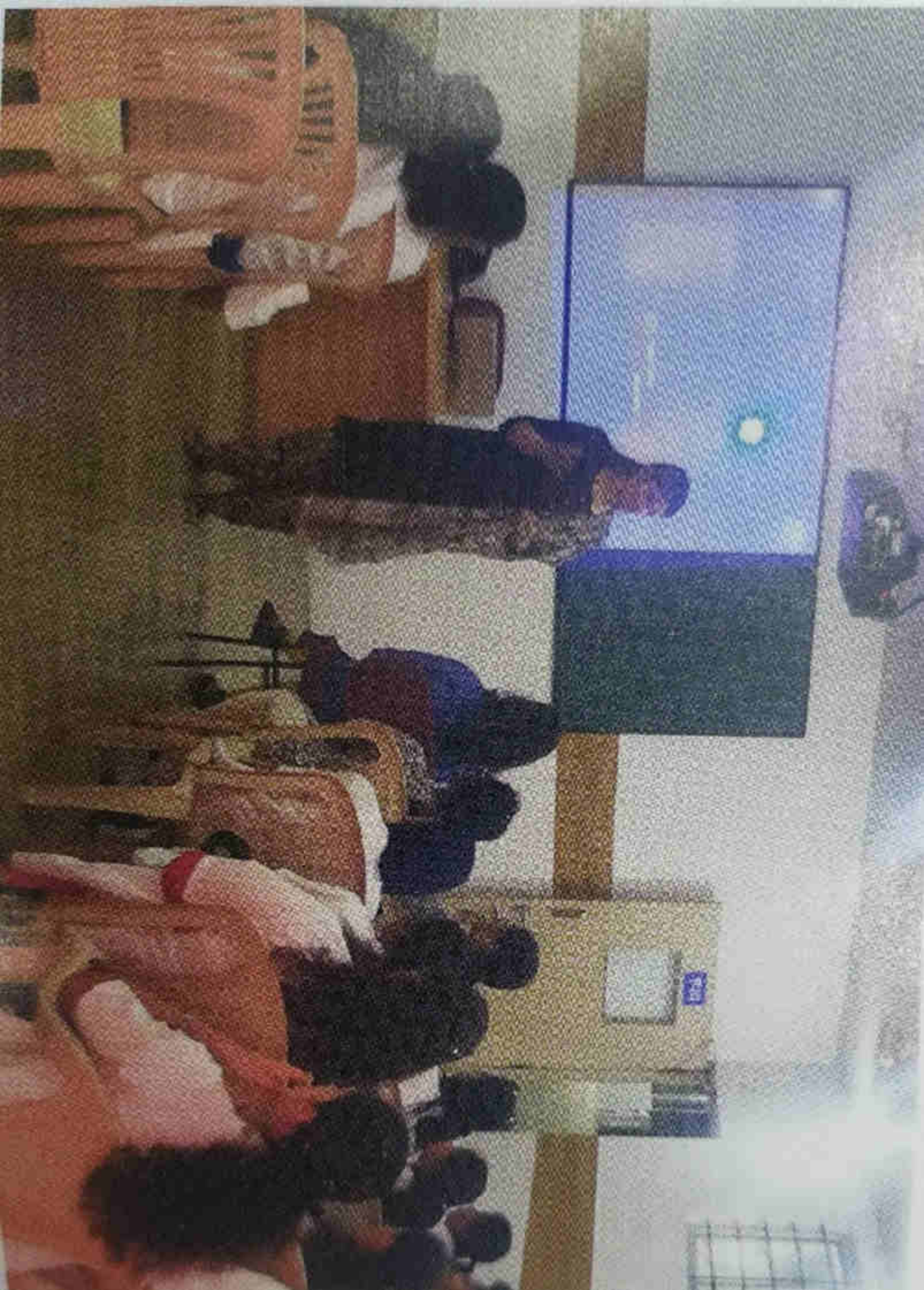


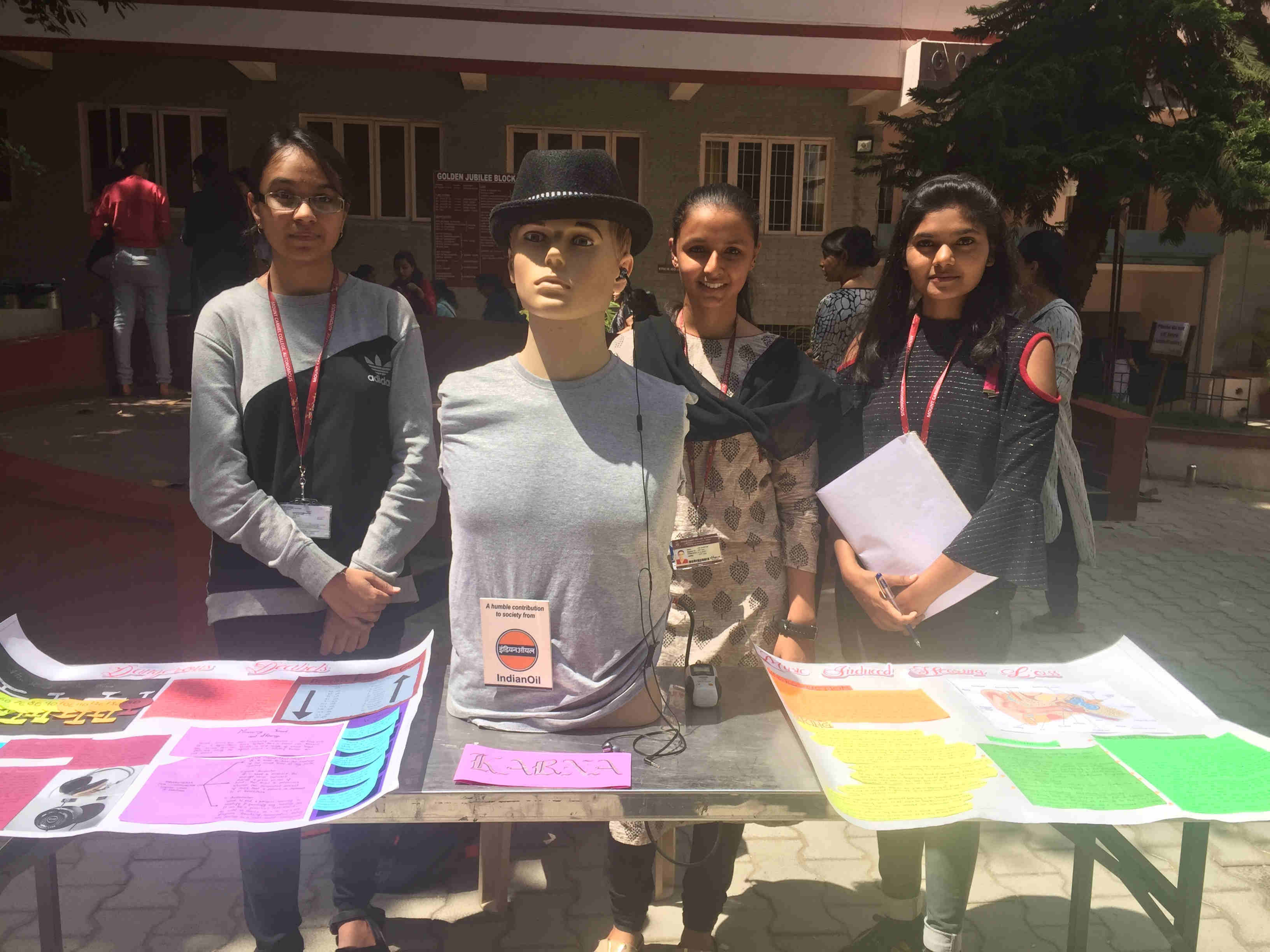












GOLDEN JUBILEE BLOCK

A humble contribution  
to society from  
  
IndianOil

IKARNA

*Dampness Decibels*

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**KARNATAKA NILEYAM SCHOOLS**  
Bangalore - 560 017  
**HEARING SCREENING CLINIC**  
Organized By  
**OF BANGALORE, INDIA**  
District 817E

ಕ ಮತ್ತು ಶ್ರವಣ  
ಅಭ್ಯಾಸ ಕ್ಲಿನಿಕ್  
**TECH & HEARING  
MOBILE CLINIC**

**LIONS CLUB**

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**Lions Clubs International  
FOUNDATION**

PROJECT BY  
**LIONS CLUB BAN**

Dr. S.R. CHANDRASEKHAR INSTITUTE OF SPEECH AND HEARING  
BANGALORE EAST)  
SUPPORT LIONS INTERNATIONAL FOUND





**ಡಾ||ವಿಸ್.ಆರ್. ಚಂದ್ರಶೇಖರ್ ವಾಕ್ ಮತ್ತು ಶ್ರವಣ ಸಂಸ್ಥೆ**  
(ಅಯನ್ಸ್ ಕ್ಲಬ್ ಬೆಂಗಳೂರು ಪೂರ್ವ ಸಹಯೋಗದೊಂದಿಗೆ)



**DR.S.R. CHANDRASEKHAR INSTITUTE OF SPEECH AND HEARING**  
(AIDED BY LIONS CLUB OF BANGALORE EAST)  
**Supported By Lions Clubs International Foundation**



**Dr. S. R. Chandrasekhar Institute of Speech and Hearing**  
**Department of Speech Language Studies**  
**is conducting**



**Free Voice Screening Camp**

**For All Professional Voice Users & General Public**

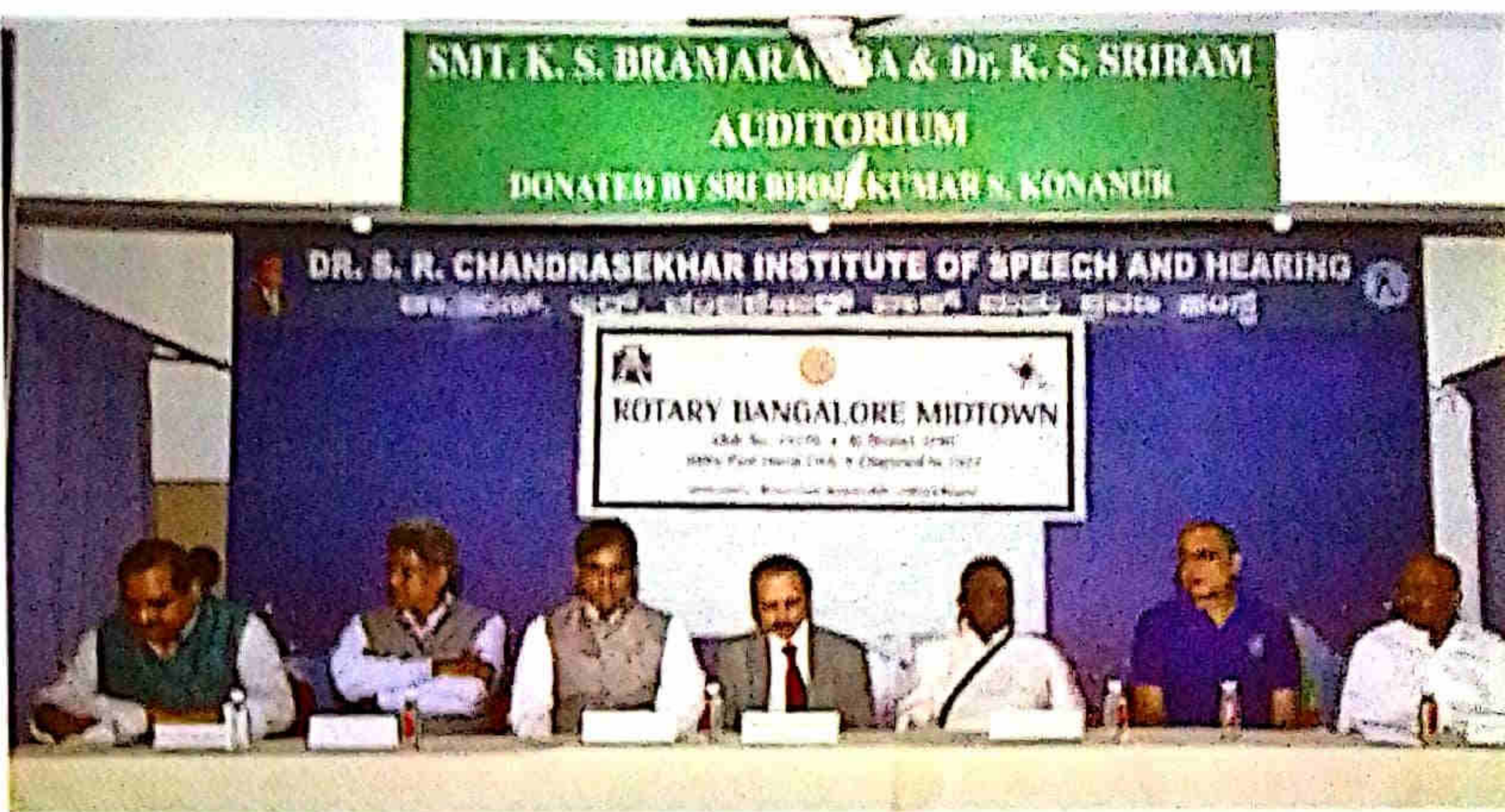
**Date: 1st April 2019 to 10th April 2019**

**Time: 9:00 am to 1:00pm**  
**1:45 pm to 5:00pm**

**Venue:**

**Dr. S. R. Chandrasekhar Institute of Speech and Hearing**  
**Hennur Road, Bangalore -560084**

**Tel.No: 080-25460405, 25468470 Mob: 8861787315**  
**Email: dr.srctish@gmail.com**





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Hennur Main Road, Bangalore – 560 084,  
(A unit of Bangalore Speech and Hearing Trust)  
(Aided by Lions Club of Bangalore East)  
Tel: 080-25460405/25470037/25468470




E Mail: college.srcish@gmail.com Web: www.speechear.org

Dr.SRCISH/S/2019-20/284

October 22, 2019

CIRCULAR

As part of Expert Series talk, Dr. Rajashekar Krishnan, will be giving a talk on "Life Skills Training" on 22<sup>nd</sup> October 2019 from 1.30 pm to 2.30 pm in Institute Auditorium. All staff and students are invited to attend the same.

  
Dr. Rashmi J Bhat  
Principal

Dr. S R Chandrasekhar Institute of  
Speech and Hearing  
Hennur Road, Bangalore-560084





**Swami Vivekananda Integrated Rural Health Centre**  
**Shree Sharadadevi Eye Hospital & Research Centre**  
 (Supported by Infosys Foundation)  
 Swami Vivekananda Nagara, Pavagada – 561 202, and  
 Dr.S.R.Chandrashekar Institute of Speech & Hearing, Bangalore

**World Hearing Day**  
**Hearing & Speech Screening Camp**

Date : 2020, Tuesday  
 10 am to 3 pm

Venue : Swami Vivekananda Integrated Rural Health Centre, Pavagada, Tumkur Dist.

A PROJECT OF SILVER JUBILEE



SWAMI VIVEKANANDA INTEGRATED RURAL HEALTH CENTRE	
ACTIVITY AS ON 01/09/2020	
NO. OF PATIENTS	376
NO. OF OPD'S	463
NO. OF INP'S	836
NO. OF TREATMENT	779
REPORT	
NO. OF CASES OF PLEATED	3825
NO. OF CASES	2639
STATISTICS	
NO. OF PATIENTS	50
NO. OF OPD'S	15970
NO. OF INP'S	7033
NO. OF TREATMENT	884
NO. OF PATIENTS	1128
NO. OF OPD'S	1929
NO. OF INP'S	8287
NO. OF TREATMENT	241
NO. OF PATIENTS	25971



*'Karna' being used to spread awareness*



SRH 1992

DR. S.R. CHANDRASEKHARA INSTITUTE OF SPEECH AND HEARING  
A NOT FOR PROFIT SERVICE ACADEMIC AND RESEARCH INSTITUTE

On the Occasion of World Hearing Day

# FREE HEARING SCREENING

## MARCH 2020

### 2nd to 6th

Hearing Rehabilitation

  
Hearing aids and  
cochlear implants

  
Auditory and speech  
rehabilitation

  
Sign language and  
communication

  
Assistive technologies  
and services

# DR. S.R. Chandrasekhar Institute of Speech & Hearing

Recognized by Govt. of Karnataka, Rehabilitation Council of India & Bangalore University

Heaven Road, Lingarajapuram, Bengaluru 560 084

080 2647 0037 & 2646 8870 [drsrch@srh.org](mailto:drsrch@srh.org)

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1.



**STRONG FAMILY HAPPY FAMILY**  
*Building Positive Parenting and Resilience in Families with Special Needs*  
*Fridays @11am*



Link for the Assessment will be given on every Wednesday

Every session will be of 03 parts - Introduction , Assessment results, activities and applications

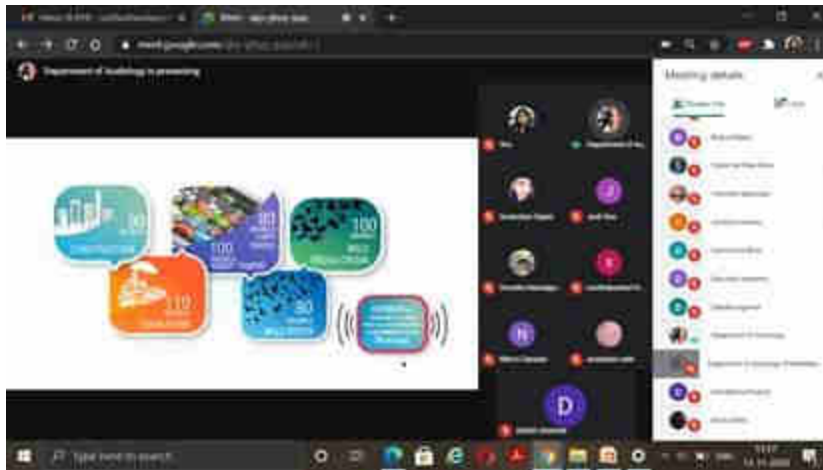
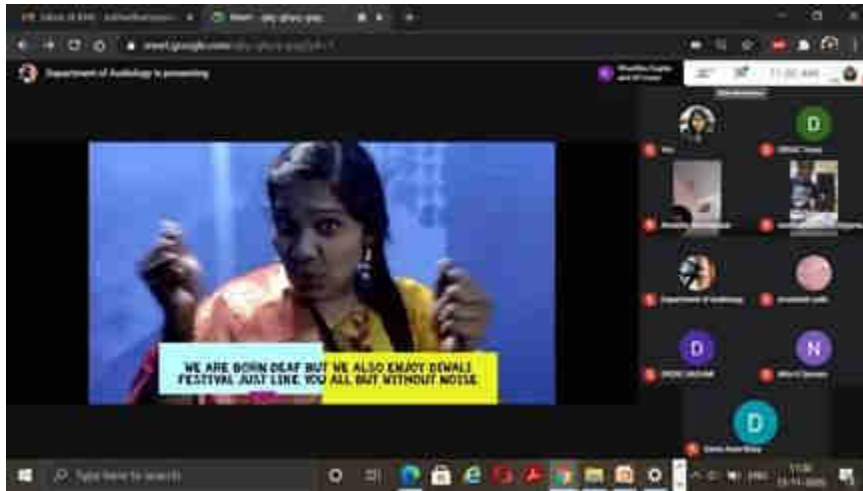
Activity sheets will be provided

Parents to make videos or pictures and send the same to [srcishpsychology@gmail.com](mailto:srcishpsychology@gmail.com)

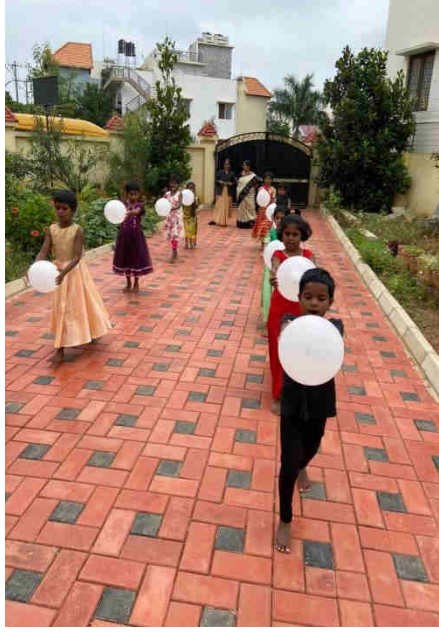
**Any Queries: Department of Psychology , Dr.S R R Chandrasekhar Institute of Speech and hearing .**  
**HOD – Alphonsa Joseph - 9880144670**

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8. No photos

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10. details not available, for ishlink photo was not given.

11. Details not available, checked with Mrs Srividya she also does not have photos.

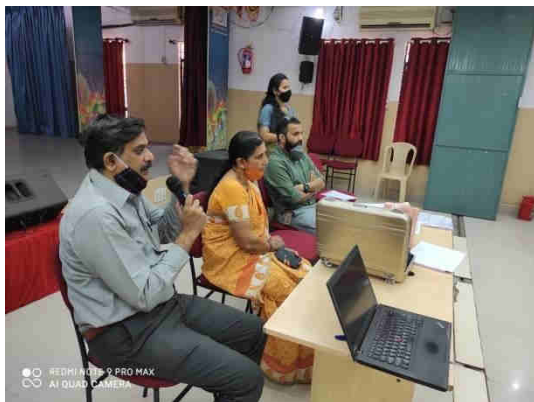
The screenshot shows a Zoom meeting window displaying a webinar slide. The slide is titled "LIVE WEBINAR in Kannada ABOUT HEARING LOSS" and is presented by "DL. S.R. CHANDRASEKHAR INSTITUTE OF SPEECH AND HEARING". It features two speakers: Ratna B Shetty, Co-ordinator, Mothers' Training Centre, and Kalpana Hegde, Auditory Habilitator. The slide also includes the text "From EXPERIENCED PARENTS to NOVICES" and a list of topics: "During Diagnosis Process", "During Training Period", "Role of Family", "Government Funds & Schemes", and "Sharing Experiences". A calendar icon indicates the date "DECEMBER" with a circled "18". A "Screenshot saved" notification is visible in the bottom right corner of the Zoom window. The Windows taskbar at the bottom shows the time as 11:26 on 29-01-2021.

The screenshot shows a Zoom meeting window with a video call in progress. Two participants are visible in the top right corner, while the other three participants are shown as grey silhouettes, indicating they are muted. The Zoom interface at the bottom shows a play/pause button, a volume icon, and a chat icon. The Windows taskbar at the bottom shows the time as 11:26 on 29-01-2021.





14.

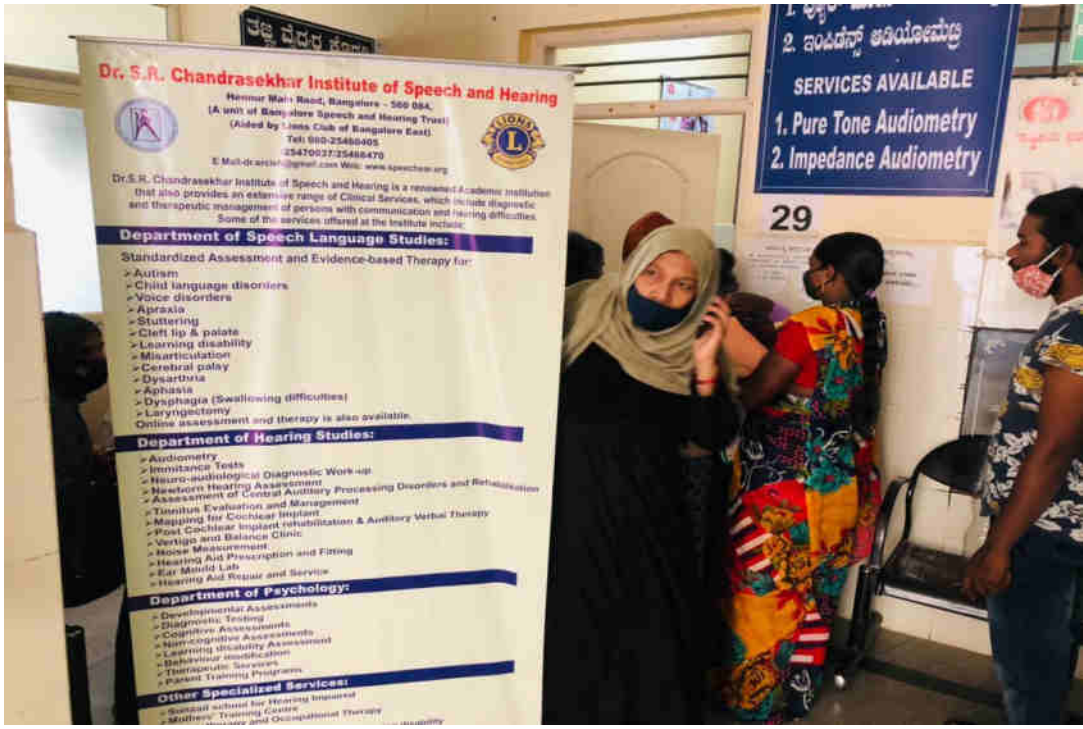




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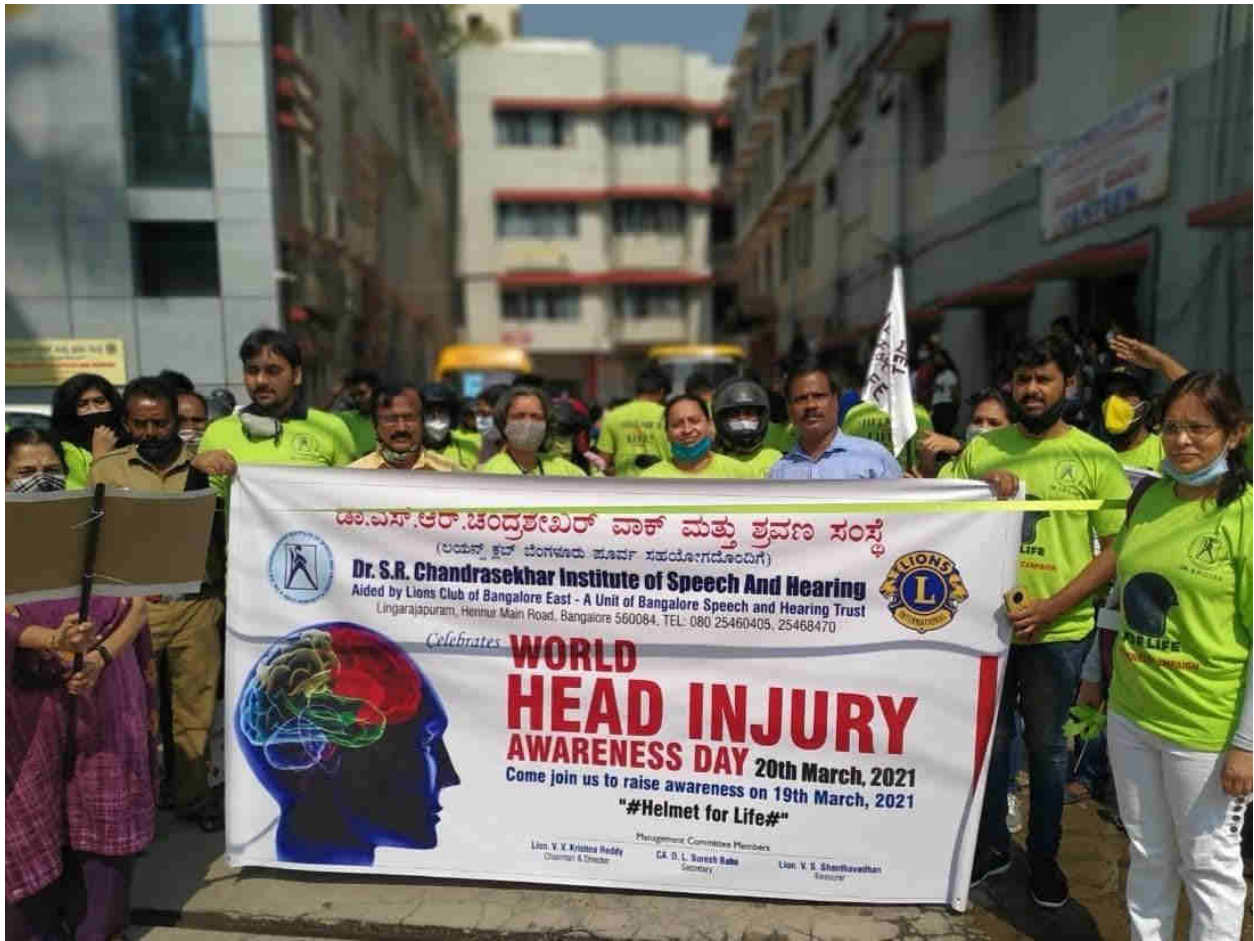






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18.




Department of Speech Language Studies  
Dr. S. R. Chandrasekhar Institute Of Speech and Hearing  
A Unit of Bangalore Speech and Hearing Trust  
(Aided By Lions Club of Bangalore East)



**World Head Injury Awareness Day**  
20<sup>th</sup> March


**An Interview with Neurosurgeon**  
**Dr. Jacob Paul Alapatt**  
**Director of Neurosciences, Aster MIMS & Senior Consultant in**  
**Neurology**  
**TBI AWARENESS CAMPAIGN**

Department of Speech Language Studies  
Dr. S. R. Chandrasekhar Institute Of Speech and Hearing  
A Unit of Bangalore Speech and Hearing Trust  
(Aided By Lions Club of Bangalore East)




**HOD: Dr. Anita Reddy**  
Department of Speech Language Studies

Department of Speech Language Studies  
Dr. S. R. Chandrasekhar Institute Of Speech and Hearing  
A Unit of Bangalore Speech and Hearing Trust  
(Aided By Lions Club of Bangalore East)



**Dr. Jacob Paul Alapatt**  
Neurosurgeon Aster MIMS, Calicut

Department of Speech Language Studies  
Dr. S. R. Chandrasekhar Institute Of Speech and Hearing  
A Unit of Bangalore Speech and Hearing Trust  
(Aided By Lions Club of Bangalore East)



**Ms. Aishwarya Dinesh**  
Department of Speech Language Studies



Dr. S.R. CHANDRASEKHAR INSTITUTE OF  
SPEECH AND HEARING

AIDED BY LIONS CLUB OF BANGALORE EAST A UNIT OF BANGALORE SPEECH AND HEARING TRUST



#LOTSOFSOCKS



*Lets Initiate Inclusive Conversation*

*Syndrome*

*Always Smiling*

*Social*

*Affectionate*

*Lovable*







**Dr. S. R. Chandrasekhar Institute of Speech & Hearing**  
**Hennur Main Road, Bangalore - 560 084**  
**Tel: 080-25460405/25470037/25468470 Fax: 080-25467829**

## *Happiness and Emotional wellbeing in Students*



### *Building resilient, confident and compassionate individuals*

#### **INTRODUCTION:**

- ❖ The novel coronavirus (SARS-CoV-2) and its corresponding disease (COVID-19) have dramatically impacted people's mental health and behaviour
- ❖ College students are among the most strongly affected by COVID-19 because of uncertainty regarding academic success, future careers, and social life during college, amongst other concerns
- ❖ Even before the pandemic, students , experienced increasing levels of anxiety, depressive moods, lack of self-esteem, psychosomatic problems, substance abuse, and suicidal ideas

#### **Why social emotional learning for emotional wellbeing?**

- ❖ Socio-emotional learning (SEL) broadly refers to the acquisition of a wide range of skills and attributes, which are considered critical to students' development, with myriad terms used interchangeably to refer to this conceptual space (Duckworth & Yaeger, 2015)
- ❖ According to the World Health Organisation (WHO), "*mental health is a state of well-being in which an individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively, and is able to make a contribution to his or her community.*"
- ❖ Building social and emotional learning skills can help individuals respond to difficult and unexpected situations in a calm and emotionally regulated manner, enabling them to set out and develop strategies for dealing with difficult circumstances, and to interact and work with others to address problems (Arslan and Demirtas, 2016; Education Links, 2018).

**Emotional well-being is focused on :**

### **Happiness**



Is a state of mind or a mood. Individuals are usually happier when they're satisfied with their lives and relationships, although nobody is happy all the time.

### **Wellbeing**



Comes from physical, mental and emotional health. It's also about understanding your emotions, taking part in different activities, having good relationships and social connections, finding meaning in life and feeling that you're doing well.

### **PROGRAM IMPLEMENTATION**

- The **Happiness and Emotional wellbeing** Program aims at building Resilience- an ability to bounce back from every day difficult situation or problems – and to creatively redefine a sense of confidence and self-compassion.
  - Through this program **we help your learn 4 qualities** to that help you to be resilient and confident to cope with you current situations.
  - Each quality is done across 04 weeks – an assessment to understand the quality and activity and application document shared to students.
  - Final year Msc students attending the Counselling paper were trained on implementation of the program
  - The program was implemented on all UG students of our college
  - All UG students were divided into groups and mentored by the trained PG students
  - Pre and post assessment of the OXFORD HAPPINESS QUESTIONNAIRE will be done to understand the efficacy of the Program , at the end of the 4<sup>th</sup> week
  - Qualitative feedback will be collected at the end of the 4<sup>th</sup> Week
-

### Outcome of the Wellbeing Program

BSLPA	Pre assessment - Mean scores on Happiness quotient	Post assessment - Mean scores on Happiness quotient
I	4.00	4.32
II	3.87	4.67
III	3.64	5.79

Total group mean scores on UG students	
Pre assessment - Mean scores on Happiness quotient : 3-17	Post assessment - Mean scores on Happiness quotient : 4.15

*Interpretation of scores:*

1-2: *Not Happy*

2-3: *Somewhat happy*

3-4- : *Not particularly happy or unhappy*

4: *Somewhat happy or moderately happy (Average score)*

4-5: *Rather happy*

5-6: *Very happy*

6: *Too Happy*

#### **Result discussion:**

**1<sup>st</sup> BSLPA** has obtained an average score pre and post assessment

**2<sup>nd</sup> BSLPA** has obtained shown an improvement in the happiness quotient, from being unhappy before the program and as the 04 weeks completed, the activities helped them to reach an average score.

**3<sup>rd</sup> BSLPA** has obtained shown an improvement in the happiness quotient, from being unhappy before the program and as the 04 weeks completed, the activities helped them to be very happy.

**Overall the program has benefitted the student's well-being and happiness during the pandemic as the group mean scores indicate that before attending the program students were not particularly happy or unhappy , as compared to the results post the program as the students obtained an Average score , and were Happy .**

**You can also boost your mental and emotional health by developing:**

**Week : 1**

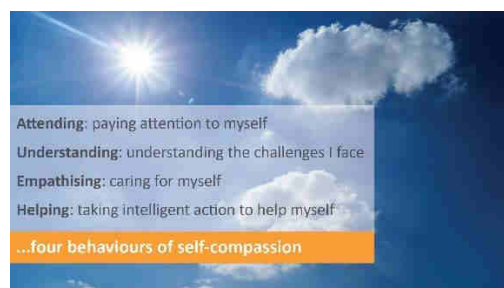
## **RESILIENCE**



- ❖ Ability of being able to cope with difficult situations and ‘bounce back’ when things go wrong
- ❖ It’s also the ability to adapt to difficult circumstances that you can’t change and keep on thriving. In fact, when you’re resilient, you can often learn from difficult situations.
- ❖ All can build resilience, by developing attitudes like self-respect, social and organisational skills, and positive thinking habits.

## **SELF COMPASSION**

**Week:2**



- ❖ Is treating yourself kindly when things don’t go well
- ❖ Self-compassion is **being kind to yourself** even when things don’t happen the way you expect.
- ❖ It’s being aware of your feelings and treating yourself with the same warmth, care and understanding you’d give to someone you care about.
- ❖ It’s also acknowledging that struggles and challenges are a part of life and that everyone goes through them.

Week:3

## CONFIDENCE



- ❖ Confidence is the belief that you'll be successful or make the right choice in a particular situation.
- ❖ Your confidence is related to your **self-esteem**, which is feeling good about yourself and feeling that you're a worthwhile person. But having high self-esteem doesn't mean you always feel confident.
- ❖ Confidence and **resilience** are related too. If you have resilience and learn that you can cope when life is difficult, it will leave a feeling of confidence to tackle difficult situations. It's a positive cycle.

Week: 4

## COPING AND CONTROL



- ❖ We need healthy coping strategies to manage stress
- ❖ To cope more effectively and be prepared to overcome life's challenges
- ❖ When we realize we have control over our decisions and actions, we are more likely to make choices in a way that we can bounce back from life's challenges



---

*Happiness and Emotional wellbeing in Students*  
*Building resilient, confident and compassionate individuals*

For further queries: Email: [drsrc.alphonsa@speechar.org](mailto:drsrc.alphonsa@speechar.org)

---















# DOES YOUR CHILD NEED A COCHLEAR IMPLANT?



**JOIN US!!!**

***FREE CONSULTATION***

***ON 25.02.2021 AT 10:00 AM***

**Dr. S.R.CHANDRASEKHAR INSTITUTE OF SPEECH AND HEARING  
HENNUR MAIN ROAD, BANGALORE-560084**

**PH: 080-25468470,25460405**

**Email: [dr.srcish@gmail.com](mailto:dr.srcish@gmail.com)**



**Dr. S.R. CHANDRASEKHAR INSTITUTE OF  
SPEECH AND HEARING**

**AIDED BY LIONS CLUB OF BANGALORE EAST**

**A UNIT OF BANGALORE SPEECH AND HEARING TRUST**

**CELEBRATES**

**INTERNATIONAL  
COCHLEAR IMPLANT DAY**



**25.02.2021**

**HEAR THE WORLD!!**



In Association with  
Dr. S. R. Chandrasekhar Institute of Speech and Hearing  
PHONAK



Dr. S. R. Chandrasekhar Institute of Speech and Hearing  
Aided by Lions Club of Bangalore East  
A Unit of Bangalore Speech and Hearing Trust  
In collaboration with WHO

Celebrates the  
World Hearing Day  
on the  
3rd of March, 2021

Come Join us to Raise Awareness  
HEARING CARE FOR ALL  
Screen. Rehabilitate. Communicate

LINGARAJAPURAM, BENNUR MAIN ROAD, BANGALORE



**AUDITORIUM**  
**DONATED BY SRI BHOJAKUMAR S. KONANUR**



**DR. S. R. CHANDRASEKHAR INSTITUTE OF SPEECH AND HEARING**

ಡಾ. ಎಸ್. ಆರ್. ಚಂದ್ರಶೇಖರ್ ವಾಕ್ಯ ಮತ್ತು ಶ್ರವಣ ಪರಿಷತ್



Dr. S. R. Chandrasekhar Institute of Speech and Hearing  
Sponsored by Young Club of Bangalore  
KARV Bangalore Speech and Hearing Trust,  
KARV  
Co-organize the  
**World Hearing Day**  
on the  
**5th of March, 2023**  
Theme: **HEARING CARE FOR ALL**  
Services: Rehabilitation, Communication



World Hearing Day 2023  
Do the hearing of WHO'S NO. 10000000000 FREE





Dr. S. R. Chandrasekhar Institute of  
Speech and Hearing



Aided by Lions Club of Bangalore East  
A Unit of Bangalore Speech and Hearing Trust

In collaboration with WHO



On Account of the World Hearing Day



**Sonova Hearing India Pvt Ltd.**

Donating hearing aids  
to individuals with Hearing Impairment

March 3rd, 2021

2.00 pm - 3.30 pm

@ Dr. S R C ISH, Auditorium

Lingarajapuram, Hennur Main Road, Bangalore-560084



# ORDER OF EVENTS

- Opening Remarks
- Welcome Address by  
Lion.V. V. Krishna Reddy, Chairman & Director,  
Dr. S R C ISH
- Introduction of Mr. Avinash Grubb by Ms. Megha Sasidharan, HOD, Dept. of Hearing Studies,  
Dr. S R C ISH
- Address by Mr. Avinash Grubb, Zonal Manager & Special Projects- Asia Pacific & India,  
Sonova India Pvt Ltd to the Audience
- Distribution of Free Hearing Aids
- Vote of Thanks

*All are Welcome!!*



DR. S. R. CHANDRASEKHAR INSTITUTE OF SPEECH AND HEARING  
LINGARAJAPURAM, HENNUR MAIN ROAD, BANGALORE-560084  
AIDED BY LIONS CLUB OF BANGALORE EAST



# FREE HEARING SCREENING

On account of the World Hearing Day

FEBRUARY  
22ND TO 26TH  
2021

IN COLLABORATION WITH THE  
WORLD HEALTH ORGANIZATION

Reach us @

[dr.srcish@gmail.com](mailto:dr.srcish@gmail.com)

080-25460405/ 25470037/ 25468470





ರಜ್ಜಿ ವೈದ್ಯಕೀನ ಕೇಂದ್ರ

# Dr. S.R. Chandrasekhar Institute of Speech and Hearing

Hennur Main Road, Bangalore - 560 084,  
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Tel: 080-25460405

25470037/25468470

E Mail-dr.srcish@gmail.com Web: www.speechear.org



Dr.S.R. Chandrasekhar Institute of Speech and Hearing is a renowned Academic Institution that also provides an extensive range of Clinical Services, which include diagnostic and therapeutic management of persons with communication and hearing difficulties. Some of the services offered at the Institute include:

## Department of Speech Language Studies:

Standardized Assessment and Evidence-based Therapy for:

- > Autism
- > Child language disorders
- > Voice disorders
- > Apraxia
- > Stuttering
- > Cleft lip & palate
- > Learning disability
- > Misarticulation
- > Cerebral palsy
- > Dysarthria
- > Aphasia
- > Dysphagia (Swallowing difficulties)
- > Laryngectomy

Online assessment and therapy is also available.

## Department of Hearing Studies:

- > Audiometry
- > Immitance Tests
- > Neuro-audiological Diagnostic Work-up
- > Newborn Hearing Assessment
- > Assessment of Central Auditory Processing Disorders and Rehabilitation
- > Tinnitus Evaluation and Management
- > Mapping for Cochlear Implant
- > Post Cochlear Implant rehabilitation & Auditory Verbal Therapy
- > Vertigo and Balance Clinic
- > Noise Measurement
- > Hearing Aid Prescription and Fitting
- > Ear Mould Lab
- > Hearing Aid Repair and Service

## Department of Psychology:

- > Developmental Assessments
- > Diagnostic Testing
- > Cognitive Assessments
- > Non-cognitive Assessments
- > Learning disability Assessment
- > Behaviour modification
- > Therapeutic Services
- > Parent Training Programs

## Other Specialized Services:

- > Sunaad school for Hearing Impaired
- > Mothers' Training Centre
- > Occupational and Occupational Therapy

1. ಪುಟ್ಟು...  
 2. ಇಂಪಿಡೆನ್ಸ್ ಆಡಿಯೋಮೆಟ್ರಿ

**SERVICES AVAILABLE**

1. Pure Tone Audiometry  
 2. Impedance Audiometry

29



## S.R. Chandrasekhar Institute of Speech and Hearing

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 (A unit of Bangalore Speech and Hearing Trust)  
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 25470037/25468470  
 E Mail: dr.sriash@gmail.com WwW: www.sowchear.org

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- Training Centre
- Occupational Therapy
- Learning disability

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# "ವಿಶ್ವ ಶ್ರವಣ ದಿನ"

20ನೇ ಮಾರ್ಚ್ 2021

ಭೂಷಣ : "ಇಲಂ ನಿರ್ಧರಣಾ ಕ್ರಮದ ಅಧಿಕಾರ"

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R.C.I.S.H. celebrating  
Azadi Ka Amrit Mahotsav

No Lift Day for  
Staff & Students

AS A PART OF PARTICIPATION IN  
FIT INDIA RUN

- AN INITIATIVE BY GOVERNMENT OF INDIA





आज का दिन हमें याद दिलाता है कि हमें अपने अधिकारों की रक्षा करनी है।

हमारे अधिकारों की रक्षा के लिए हमें एकजुट होना चाहिए।

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A Division of JSS Group of Institutions  
**CELEBRATING AZADI KA  
AMRIT MAHOTSAV**  
"A LEAP FORWARD TO  
OVERCOME  
HEALTH CHALLENGES"

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PROFESSIONAL FOR  
A HEALTHY INDIA"

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"LET'S CLIMB HEIGHTS  
FOR BETTER"





# USED / NEW SMARTPHONE/ LAPTOP DONATION DRIVE



A Project of Lions Club of Bangalore East

You can donate your used/new smartphone or laptop and support children with hearing impairment

A smartphone is critical for children with hearing impairment to continue their academic and therapeutic intervention.

You can make a difference today!

**Contact us:**

Dr. S. R. Chandrasekhar  
Institute of Speech and  
Hearing, Lingarajapuram,  
Bangalore-560084



The pandemic has changed the way children access learning. The digital mode of learning requires smartphones/ laptops which are not affordable for all.

**Auditory Verbal Therapy (AVT) is the proven International method of Intervention for children with Cochlear Implants and Hearing Aids. With lack of Academic and therapeutic access, children with hearing loss will not be able to reach their full potential.**

## How it works

1

Check working condition of the used/new smartphone or laptop

2

Export all your personal data and reset device to factory default settings

3

Write a short encouraging note for the child receiving it

4

Fill up the details on the form and you will receive an email with an address of the closest drop point

5

Pack the device, charger, note and drop the package through courier on the address provided to you

If you would like to help this initiative, in other



# Parents Support Network



When you have a child with special needs, you might feel confused and isolated. Even after your child starts receiving professional help, you might have things to discuss with other parents who are in the same boat. A parent support group gives you access to people who have come across similar difficulties with their children. They can give you valuable tips and strategies to overcome the challenges you face on a daily basis.

## Join our Parent Support Network:

- To help find families just like yours
- To reduce stress and help you deal with disability issues
- To empower you and provide a sense of belonging
- To learn about the processes and professionals that will help you
- To discuss school options and therapeutic services
- To find your voice in matters of advocacy
- To gain skills that will help support your child better
- To socialize with parents who have similar interests
- To plan activities and play-dates with other children
- To share your story and support others who need your help



When you join our Parent Support Network you can make a difference in your life and in the lives of other parents who have children with special needs.



Contact:

Dr. Sarika Khurana

Deputy Director Clinical

Dr. S. R. Chandrasekhar Institute of Speech and Hearing

(A Project of Lions Club of Bangalore East)

Hennur Main Road, Lingarajapuram

Bangalore - 560084

Ph: 080-25460405 / 25470037 / 25468470 Mobile: 8861787315

E-mail: [drsrc.parents@speechear.org](mailto:drsrc.parents@speechear.org)





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**PARENT SUPPORT NETWORK**  
DR. B.R. CHOUDHARY INSTITUTE OF DEAF AND HEARING  
C/o. Dr. B.R. Choudhary Institute of Deaf and Hearing, 1st Floor, 100 Feet Road, Sector 10, Gurgaon, Haryana

# DR. S. R. CHANDRASEKHAR INSTITUTE OF SPEECH AND HEAR

ಡಾ. ಎಸ್. ಆರ್. ಚಂದ್ರಶೇಖರ್ ವಾಕ್ ಮತ್ತು ಶ್ರವಣ ನಂಸ್ಥೆ



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DR. CHIDREKAWAMY



Please keep your kids occupied! Discourage running and shouting!



**Dr. S. R. Chandrasekhar Institute of Speech and Hearing**

(A Unit of Bangalore Speech and Hearing Trust)  
(A Unit of Bangalore East Lions Club) Bangalore -560084



In Partnership with

**Phonak India Pvt Ltd** celebrates

**WORLD HEARING DAY 2022**

“Please listen with care”

16th March 2022

**PHONAK**  
life is on





# DR. S. R. CHANDRASEKHAR INSTITUTE OF SPEECH AND HEARING

(A UNIT OF BANGALORE SPEECH AND HEARING TRUST)  
(A PROJECT OF LIONS CLUB OF BANGALORE EAST)



## Inviting all DJs in the town

To celebrate the gift of hearing with us  
on **WORLD HEARING DAY, 03 March 2022**

# FREE HEARING SCREENING

From 28 February 2022 - 04 March 2022

*To hear for life, Listen with Care!*



Reach Us at:

Department of Hearing Studies

Dr. S. R. Chandrasekhar Institute of Speech and Hearing  
Hennur Main Road, Lingarajapuram, Bengaluru - 84

Ph: 080-25460405/25470037/25468470, Mobile: +91 8861787315

### Management Committee Members:

Lim VV Krishna Reddy - Chairman and Director  
CADL Suresh Babu - Secretary  
Lim VS Shantilakshmi - Treasurer

Email: [drsrch@gnail.com](mailto:drsrch@gnail.com)

Website: [www.speechear.org](http://www.speechear.org)



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SPEECH AND HEARING**

**(A UNIT OF BANGALORE SPEECH AND HEARING TRUST)  
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*Inviting all Musicians*

**to celebrate the gift of hearing with us  
On WORLD HEARING DAY, 3rd March 2022**

**get your hearing tested  
TO HEAR FOR LIFE,  
LISTEN WITH CARE !**

**FREE HEARING SCREENING  
february 28 - March 4, 2022**



Reach Us at:

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Dr. S. R. Chandrasekhar Institute of Speech and Hearing

Hennur Main Road, Lingarajapuram, Bengaluru - 54

Ph: 080-25460405/25470037/25468470. Mobile: +91 8861787315

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Secretary

Lion. V. S. Shantheadhan

Treasurer

We cordially invite you to the  
celebration of **World Hearing Day &  
15th Anniversary of Mother's Training Center**  
3rd March, 2022

*To hear for Life, Listen with Care*

**Chief Guest**

**Thippeswamy HJ**

Assistant Commissioner of Police  
Traffic Whitefield Sub-Division  
Bangalore City

**Guest of Honor**

**Jasmeet Singh Sawhney**

Disc Jockey

**Bharathi Hegde**

Journalist



Kids grow with time. to does their HEARING

Milestones for hearing development

Physical milestones

- By 12 months
- By 18 months
- By 24 months
- By 30 months
- By 36 months

Language milestones

- By 12 months
- By 18 months
- By 24 months
- By 30 months
- By 36 months

Social milestones

- By 12 months
- By 18 months
- By 24 months
- By 30 months
- By 36 months

... HIGH SCHOOL ...  
... 1001 ...  
... E ...



2022/6/28 15:36



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LIONS CLUB BANGALORE EAST



ಕರ್ನಾಟಕ ಸರ್ಕಾರದ ಅಧೀನದಲ್ಲಿ  
ಶಾರ್ವತ್ಯಾ ಶಿಕ್ಷಣ ಮತ್ತು ಸಂಶೋಧನಾ ಕೇಂದ್ರ  
SHARVATYIA INSTITUTE OF EDUCATION AND RESEARCH  
BANGALORE EAST





2022/6/28 15:28

... successfully initiated the voice screening programme for 35 adolescents of Bright Public School, Bangalore.



# DR. S. R. CHANDRASEKHAR INSTITUTE OF SPEECH AND HEARING

ಡಾ. ಎಸ್. ಆರ್. ಚಂದ್ರಶೇಖರ್ ವಾಕ್ ಮತ್ತು ಶ್ರವಣ ಕೇಂದ್ರ

DR.S.R.CHANDRASEKHAR INSTITUTE OF SPEECH & HEARING  
DEPARTMENT OF SPEECH LANGUAGE STUDIES  
ORGANIZES  
**VOICE  
SCREENING  
PROGRAMME**  
FOR SCHOOL GOING CHILDREN & TEACHERS  
ON THE OCCASION OF WORLD VOICE DAY CELEBRATIONS 2022  
Managed by Management Committee  
LION V. S. REDDY SECRETARY  
LION V. S. SHARADHAN

The poster features a central illustration of a human larynx and throat area in a glowing purple and blue hue. It includes logos for the institute and the Lions Club. The text is arranged in a clear, hierarchical manner, starting with the institute's name and the event title.

